



MEMORIES FROM THE HEART

Advancement





The Sacred Heart School of Montreal

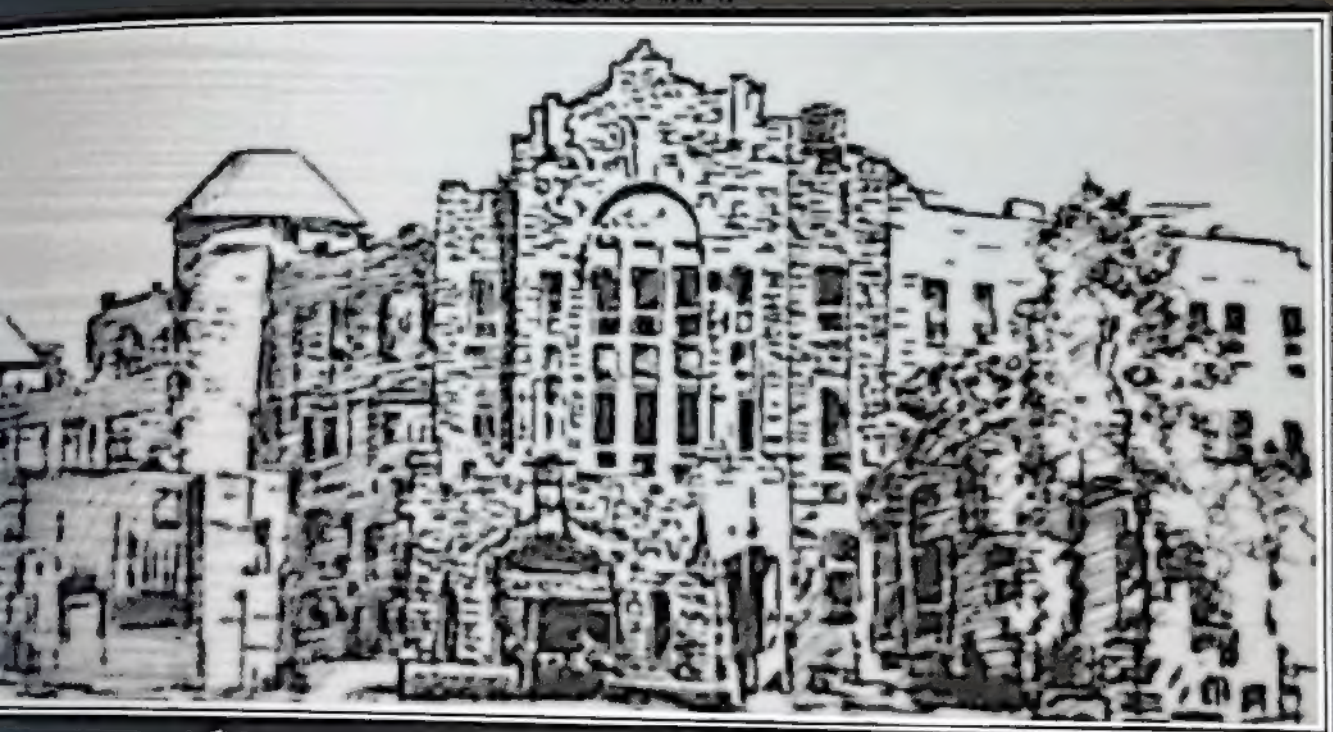
3635 Atwater Avenue

20

Montreal, Quebec

06

H3H 1Y4



Introducing GlamourGirl



• 'Spirit' has been an integral part of our Sacred Heart experience. With it, we have learned to face each challenge with courage and conviction and pure enthusiasm. Glamour Girl represents the spirit of the SHSM student. Look for her throughout the book as she embodies the different facets of spirit portrayed throughout our community.

Headmistress' Address



This year's editors, Kathryn Palmer and Alexandra Lantosh, have made every effort to capture your Sacred Heart experience, and I thank them for their dedication. Each class brings their own chapter to our Sacred Heart book and the Class of 2006 is no exception. Over the past five years each of you has lived the Sacred Heart experience in your own particular way and now, with Courage et Confiance, you move on to the next stage of your life.

You have chosen the yellow rose as a symbol of your graduating class. This rose represents your high school years and the friendships that you have kindled. Draw strength from all that you have received from a Sacred Heart education and I pray that each time you see a yellow rose, you will remember fondly your high school experience. May God watch over you and keep you safe and may you come to realize that you are an important part of His plan.

Elaine Brooks
Headmistress



Dear Class of 2006,

For five years, you have impressed, charmed and occasionally surprised us; and you are now ready to strike out in new directions. The path you choose to follow will not be straight, you cannot know at the beginning exactly where it will lead, and at times you may have to alter your course. Wherever you go, whatever you do, keep in mind the timeless advice of Albert Einstein: try not to become a person of success; rather become a person of value.

Jean Filipovich, Assistant Headmistress



Memories from the Heart, an appropriate title to describe a book that you will refer to for years to come, a book which chronicles your final year at The Sacred Heart School of Montreal. Enjoy the contents of these pages, they can be relived each and every time that you open this book. Congratulations to every graduate of the class of 2006, and don't forget your first class reunion in 2011.

Peter Kousik, Director of Studies



How quickly five years have gone by. Those little secondary ones have grown into mature young women, ready to take on all of life's challenges. I wish you all smooth sailing, but when the seas get rough, may your courage and conviction help you make wise choices. You are a special class and each of you has flavoured the school with your gifts and talents. Now, go and share them with the larger community and make a difference...a difference for good.

I will miss you.
With love,

Rosanne Del Torto, Director of Students



"The mind is not a vessel to be filled, but a hearth to be lighted." While you have absorbed much in many subject areas while at Sacred Heart, I hope you also take from here faith in yourself, enthusiasm with which to pursue your life goals, the strength to always be gentle, and the wisdom to always be kind. These will help light your way on life's path..... and your way home. As Agnes Deans Cameron once said "A child's individuality is the divine spark in him. Let it burn."

Colleen Bronson, Director of Advancement and Alumnae Affairs



To the Graduating Class of 2006

Five years of hard work, mingled with making strong friendships, has paid off for all of you, the "Class of 2006." As you venture to the next stage in your lives and studies, remain proud of your Sacred Heart roots and remember that your future achievements will serve to enhance this institution. Leaving Sacred Heart will be difficult. I am also leaving on retirement at the close of this school year and I will, therefore, share with you the loss of this caring environment. The memories, however, will remain for a life time. Always be good to yourselves, and respectful of others. Good luck to all of you and God bless.

Abid Salman, Business Administrator

The Faculty and Staff 2005-2006



Ms. Antonini



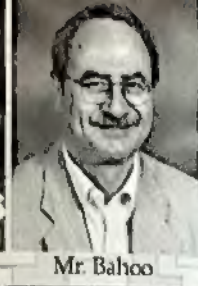
Ms. Arella



Ms. Armstrong



Ms. Arseneault



Mr. Bahoo



Mrs. Barnett



Mme. B.



Mr. Bordonaro



Ms. Bosmediano



Ms. Carbone-McNally



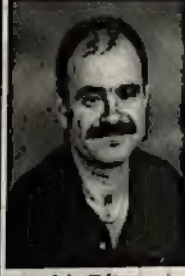
Ms. Cumming



Mme. de Sa.



Ms. Di Palma



Mr. Filipe



Mr. Filipe



Ms. Gendron



Mr. G.



Ms. Giguère



Mr. Guilbault



Ms. Hackett



Mr. Hammett



Mr. Judson



Ms. Lakatos



Mr. Lap.



Mme. Laquerre



Ms. Lessey



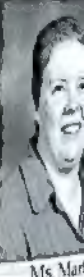
Ms. McIvor



Ms. MacCallum



Ms. Maclellan



Ms. Mar.



Ms. Mastro



Mme. Mauri



Ms. McNamara



Mme. Morrisseau



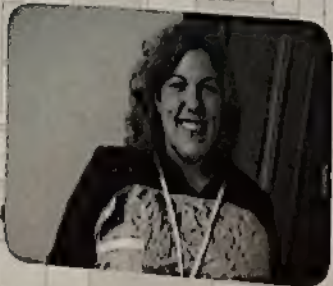
Ms. Neeff



Mr. Page



Ms. Page.





Ms. Pennel Ms. Potter Mr. Reda Mme. Robitaille Ms. Seeger



Mr. Snapsauskas Mme. Talbot



Ms. Troi Ms. Vaupshas Ms. Walsh Mr. Ward



encourage





The

“ **KATTIE**

-No shoes on the carpet!!!
-Do we have any snacks?
-IIII know!!
-I like it, thats cute

”



Our advisor
Ms. Lessey

Editor hard
at work

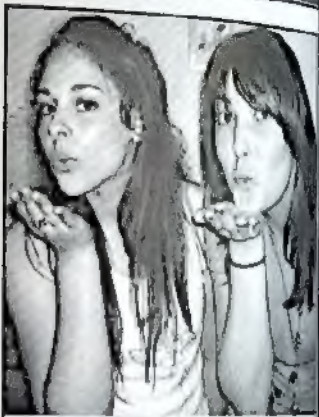
Our Staff:

Alex, I can remember the first time we stepped into our room and came up with the countless reasons why we were MEANT to be editors! Looking back on the pages of our book, I realize that there is no one I would have rather gone through this journey with other than you. You are one of the reasons I've made it so far, and our book would not have been complete without you. You are like a sister to me and I cherish every moment we've shared together.

Ms. Lessey, thank you for your guidance and patience. You are everything we could have asked for in an adviser.

Ladies, enjoy every page of this book and never forget the memories and friendships you have made within these walls. I hope that our memory book will serve to effectively encompass all aspects of our Sacred Heart life and will be a true reminder of every way we survived Sacred!!

- Kathryn



Editors

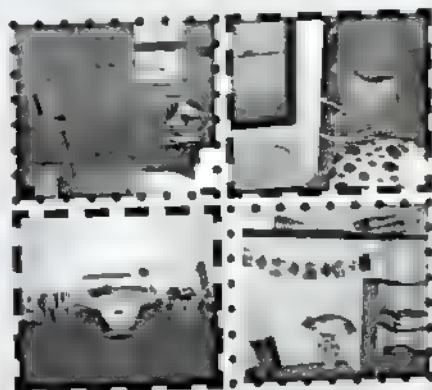


ALEX

“

- *SQUEAK*
- Why is this so slow?!
- Wait...how do you do that?
- I'm just going to clean up

”



Our very own
private lounge

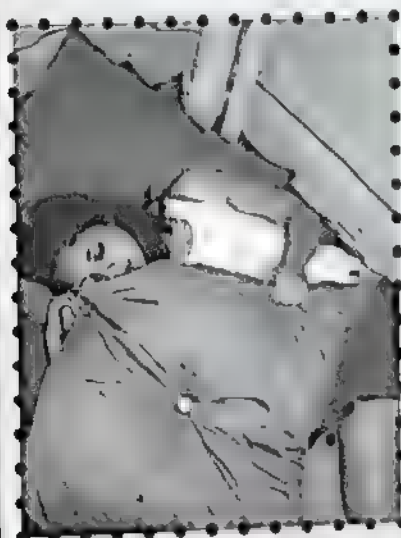
The product of late
nights, and early
mornings

What an incredible journey this has been. Kattie, you were the one who convinced me to apply for this position in the first place; looking back, I'm glad that you did. I thank you for your creativity and enthusiasm; you have been my inspiration. Despite the many ups and downs of Yearbook Land and the fact that I would like nothing more than to completely obliterate the word "Deadline" from the English language, I will never forget this experience.

Ms. Lessey, you've been wonderful, thank you for your help, your guidance, and most importantly, you patience! "Good Times".

To the grads of '06, if this book allows you to reminisce and smile upon your high school years, then we know we have succeeded. Enjoy!

-Alex



Super-Prefects!



<< PARTY TIME!

What a great way to start the year! The skit was unforgettable.

CHILLIN' IN THE PERFECT ROOM >>

Everyone needs a little down time, especially our hard working prefects.



<< THE HERO

Who else could best represent Sacred Heart needs than our President, Alex Abrol.

MS DEL TORTO'S HELPERS >>

What better way to spread Christmas cheer, than to run around dressed just like a reindeer!



Student Council 05/06

THE EXECUTIVE

PRESIDENT:

ALEXANDRA ABROL

VICE-PRESIDENT:

EMILY CHACRA

SECRETARY/TREASURER:

SARA CAVALUZZI

GAA CO-PRESIDENTS:

JENNIFER BARWICK

STEPHANIE VOKATY

THE HOUSE HEADS

BARAT:

VANESSA PENDENZA

DUCHESNE:

KRISTIN SANI

DUROUSIER:

CAROLINE RUDOLPH

ZBARSKY

HARDEY:

STEPHANIE MARIS

SHELDON:

ROBYN GRASEY

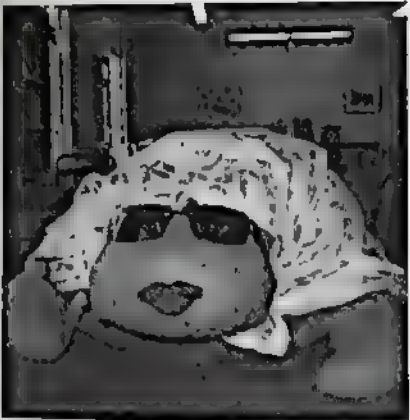
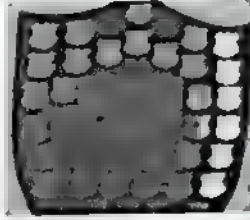
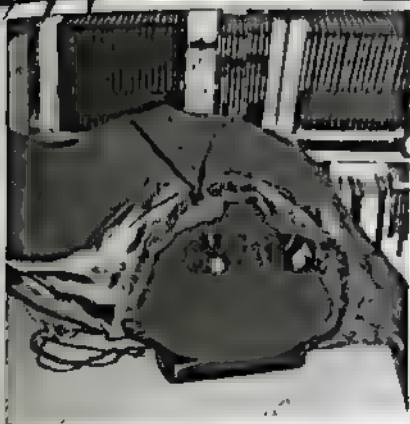
STUART:

BIANCA SPORTELLA

TRINCANO:

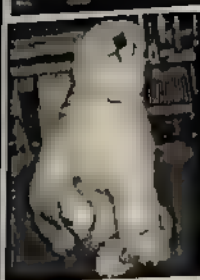
ALYSSA POWER

POW Super Mascots BANG



Barat

Mascot: Sophie the Bear
House Colour: White
House Head: Vanessa Pendenza



Co-Captains: Janet Belliveau & Andrea Latella-Dube
G.A.A. Representatives: Lara Artinan, Bianca Bertou
Samantha Mastromonaco

Digby

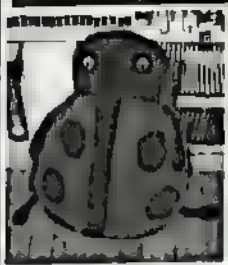
Mascot: Leo the Lion
House Colour: Pink



Co-Captains: Jennifer Panetta, Stephanie Amarosa,
Tara Frem
G.A.A. Representatives: Jennifer Newton, Lia Asquini,
Michelle Vokaty

Duchesne

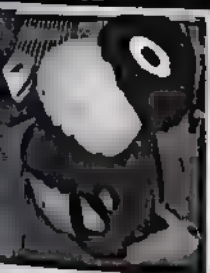
Mascot: Rose the Ladybug
House Colour: Red
House Head: Kristin Sani



Co-Captains : Samantha Reusch-Desautels & Claire Farrell
G.A.A. Representatives: Melissa Desmarais, Caroline Colozza, Elizabeth MacDonald

duRousier

Mascot: Honey the Bee
House Colour: Yellow
House Head: Caroline Rudolph-Zbarsky



Co-Captains : Cynthia Mancinelli & Viviane Luu
G.A.A. Representatives: Josie Piscuneri, Cassandra d'Ambrosio, Vianna Yu



Hardey

Mascot: Henrietta the Monkey
House Colour: Orange
House Head: Stephanie Maris



Co-Captains: Laura Kavanaugh & Emily Snell
G.A.A. Representatives: Patricia Snell, Kayla Di Gaetano, Chloe-Lynn Russo

Sheldon

Mascot: Shelly the Turtle
House Colour: Green
House Head: Robyn Grassby



Co-Captains: Lambrini Kakogiannakis & Christina Abrol
G.A.A. Representatives: Marion Gale, Alexandra English, Amanda Perodeau



Stuart

Mascot: Dylan the Dolphin
House Colour: Blue
House Head: Bianca Sportella



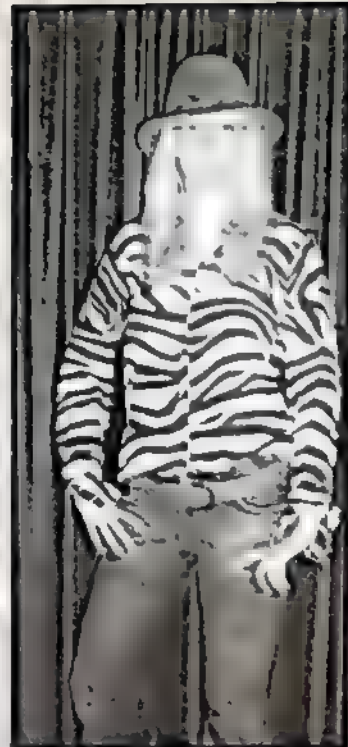
Co-Captains: Gabrielle Lafrance & Lea Dikranian
G.A.A. Representatives: Gillian Kerr, Sophia DiGirolamo, Lynn Dillon

Trincano

Mascot: Cassie de Cow
House Colour: Purple
House Head: Alyssa Power



Co-Captains: Nadia Simeone & Alexandra Molettieri
G.A.A. Representatives: Daniela Molettieri, Gabrielle Balit, Rebecca Catellier





Digby
1st Place



Stuart
2nd Place



Hardy
3rd Place



Sheldon
Spirit Award

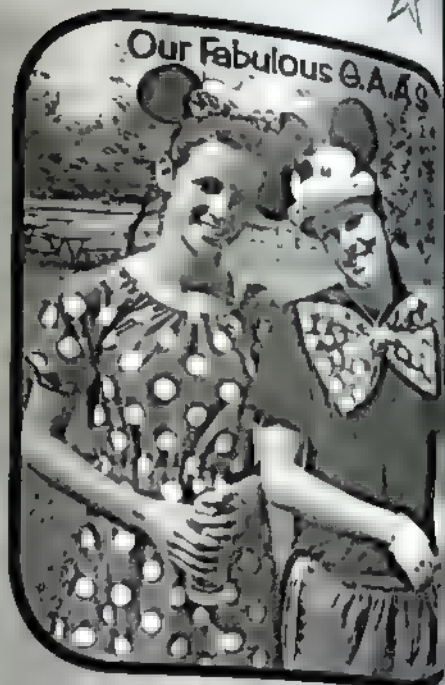
We've got Spirit, yes we do,
we've got spirit, how 'bout
you?



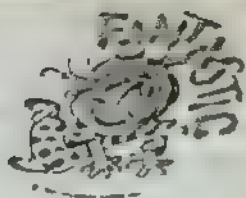
Sports Day



Nothing like some friendly competition between the Houses to start off the new school year. A great theme, original games and lots of fun awaited us on the mountain. This year's Sports Day was a great success!



Dear Diary,



Today was my first day at high school! It was all so exciting. There were these older girls called prefects that helped me to find all of my classes and wore these neat blueshirts. They had this weird vocabulary with words like détente and goutier that I'm going to need to get used to.

At first, I was scared I wouldn't make any friends, but everyone was so nice. I can't wait until tomorrow. We're going to have our first house meeting of the year which is supposed to be a lot of fun. I'll let you know how it went and what my house head is like.

Bye for now ★

Secondary I

• CLASS OF 2010 •

Andrea Abreu-Moore
Rana Ahmed
Jenna Albinene
Lisa Alundson
Kurtis Attardo
Alison Barmick
Paoline Belliveau
Sarah Benoit

Sarah Beretta
Kristina Bucci
Anna Caimmiano
Julia Chadwick

Angiana Clarke
Colmáide Colucci
Jocelyn Colavincenzo
Amanda Cordeiro

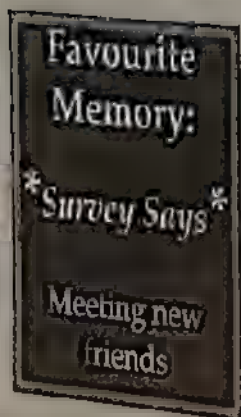
Kristen Coughlin
Suzanne Covello
Polina Dalaras
Marlene D'Ambrosio
Angela Di Benedetto
Vanessa Di Pasquale
Victoria Di Valerio
Marta Eberle

Aurelia Fyrid
Elizabeth Gagnon Rivet
Elvica Gentile
Amanda Gonnelle
Taylor Gormley

Roxana Ivaduraz
Amanda Johnson
Julie Jeneau-Rollin
Joy Jalafabdas
Tahara Kalantzas

Caitlin Kilmartin
Christina Konias
Cecilia Kouremetis
Mara Kivro
Natasha La Rosa

Alexandra Laurendeau
Vanessa Lallapourini
Claudia Loffredo
Anna Franco Meyer
Conna Micheletti



Secondary I



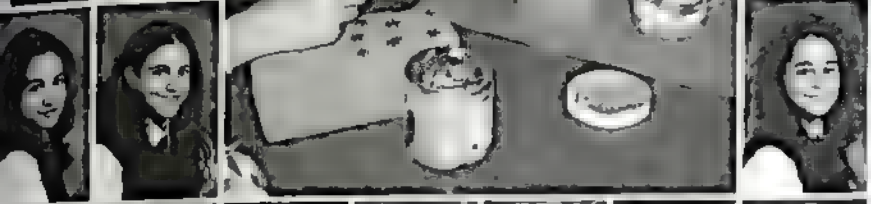
Gabriella Micheli
Alexandra Mitchell
Jessica Munoz
Sarah Neale
Carmel Donnell
Kathleen Pfeiffer
Viviana Piliotti



Fiona Piras
Carly Tordella
Emily Perry



Laura Friedman-Chang
Carolina Ponce
Aiyah Rahman



Melissa Randin
Bianca Ripoli
Teresa Maria Rosignuolo



Chelsea Ann Russo
Viviana Subramaniam
Dalia Tabra
Michelle Tarkenton
Soraya Sanchez Dias
Veronica Santangelo
Jessica Santillo



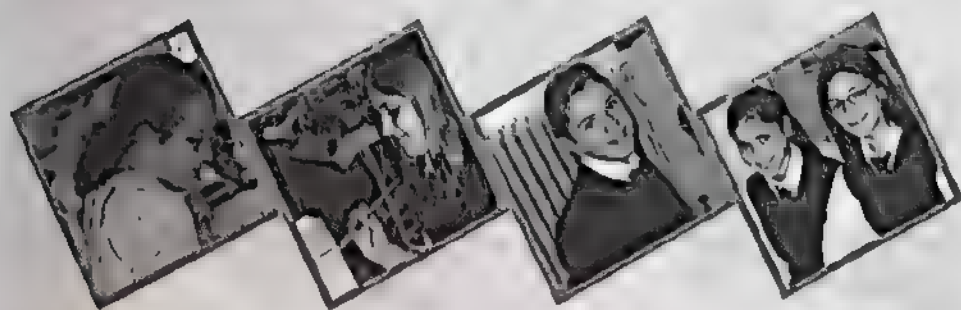
Joanna Santos
Jessica Sisti
Alexandra Snell
Cynthia Snell
Melissa Spatolisano



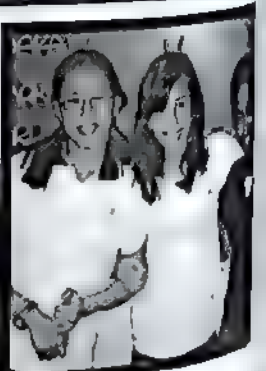
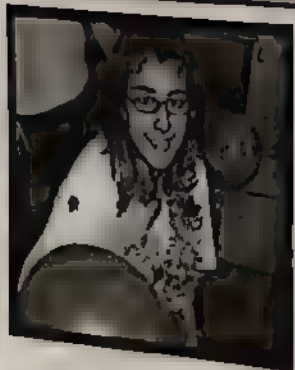
Cassandra Strangopoulos
Marie-Christine Taraman
Esme Toussaint



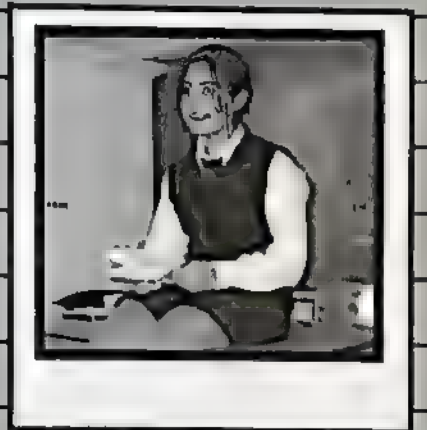
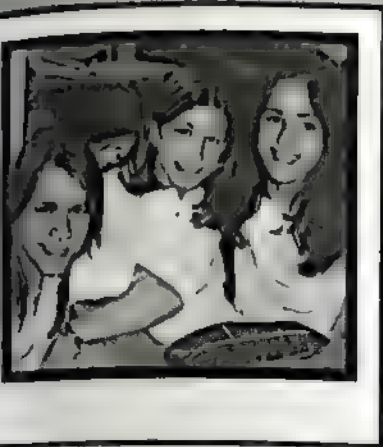
Georgia Tsolas
Natalia Vitale
Carlynn Warner
Luana Zappitelli



Dear Diary...



look at all the friends I've made



Secondary I Retreat

What more
can we
ask for
than to be
able to sit
in the sun
and relax?
Retreat is
awesome.

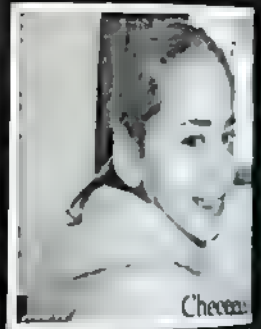


I can't wait.
I can't wait.
I can't wait...
to get there!!!

Nothing beats
retreat.

Retreat is
such a great
opportunity
to make new
friends. I had
an amazing
time!

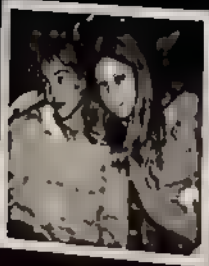
How... How
do I convince
them to let us
stay on retreat
longer?



It's so great to be on retreat.
We can cozy up with friends
and get to know each other
better. What a wonderful
way to start the year.



"Do we really have to leave re-
treat? I've had such a great time;
I'm sad to leave." - Andrea



"Don't worry; we'll be back next
year, and we'll have a fantastic
time." - Amanda J.



...SING TEXTBOOKS

The Sacred Heart School of Montreal

Secondary **II**

• CLASS OF 2009 •

Sally Aironi
Alexandra Alvarado
Amberly Arella
Katherine Athanasiadis
Juliana Beck
Alexandra Bels
Lisa Bonellino
Erin Brown Vandenberg

Meredith Burke
Amanda Cardin
Emily Caron
Sondra L. Cross

Rebecca Catellier
Alexandra Cerullo-Kanelopoulos
Camille Chava
Carmina Chopra

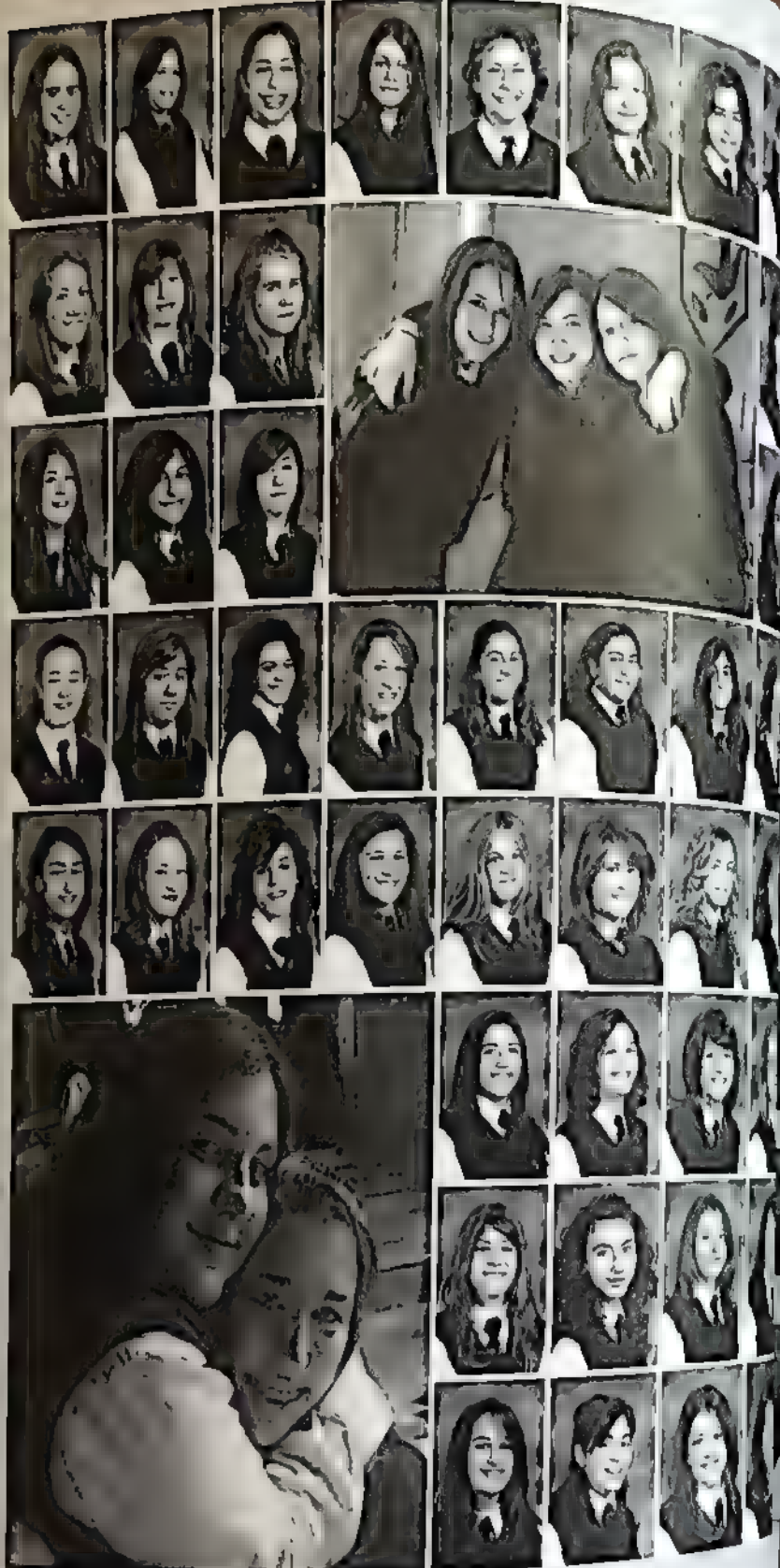
Sophane Christodoulou
Blanca Cirillo
Jessie Corcoran
Samantha Côté
Julie Crisp
Cassandra D'Amico-Mazza
Emily David
Natalie Davis

Alessia De Lauri
Angelina Dekker-Maj
Kimberly Dentras-Ramagnino
Alessia Di Giorgio
Carina Di Tomaso
Micaela Lynn D'In
Lauren Farmer
Ashley Farthing

Joanna Fraggetanakis
Emily Fyle
Fahiana Ghaleb
Lerysa Grynshynowich

Kelly Guss
Julie Hanna
Emily Horowitz
Vanessa Italia

Nadia Karp
Amunda Khoury
Kathryn Kotar
Hosé Koulenovitch



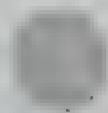
**Favourite
Memory:**

Survey Says

**Sound of Music
Sing-along**



Secondary



Kristina Kwong
Sandra Labbott
Ashley Lamm
Amanda Leewick
Virginia Lombardi-Lamb
Christina Anne MacIsaac
Caitlin Martin



Elizabeth McDonald
Sandra Masson
Lucia Merin
Tamara Morrison



Elena Muthyans
Christen Newsham
Morgan Orritt
Spencer Orritt



Gabriela Pouskaskas
Jennifer Paterino
Christina Pahlke
Lauren Papalia
Jessica Parnica-Santamaria
Lea Pengelley
Natasha Pereira-Esaine



Amanda Penstede
Ashley Phillips
Christina Rathe
Tamara Rappitoni



Jessica Lauren Sadko
Anita Sarkisian
Pauline Sasouni
Sarah Segal

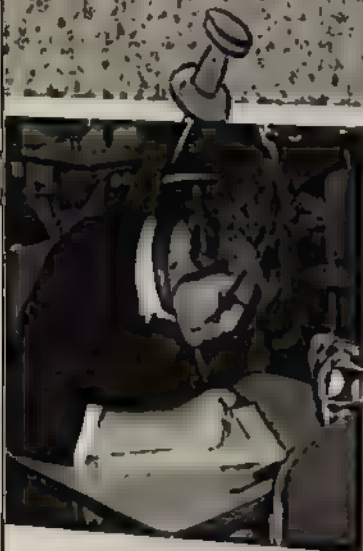


Nina Teia
Cassandra Travaglini
Jessica Tuto
Zoe Vlogaritis

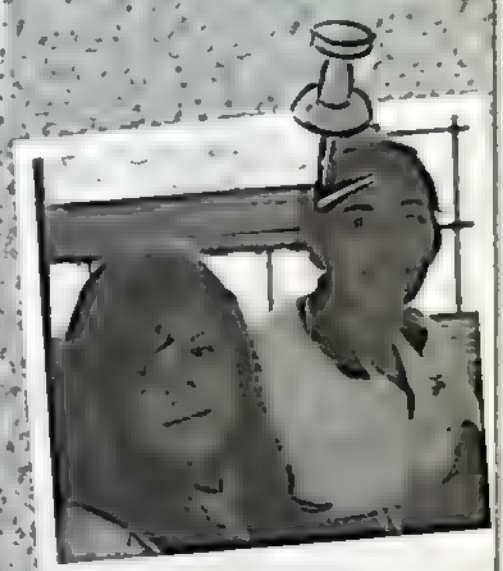
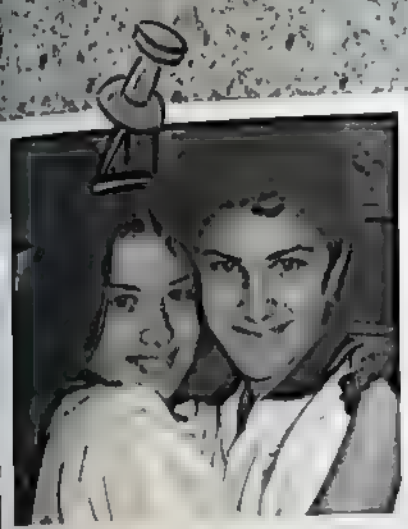


Melissa Walsh
Taylor Wright-Connors
Michele Zakem
Hanah Zargham

Second
Class



ary II
dids



SEC II RETREAT

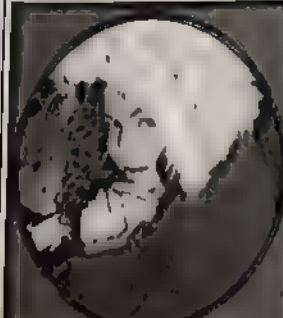
Our Secondary II Retreat was quite a memorable experience. After watching a great movie, we shared stories (especially Ms. Zakem), stuffed our faces (in a ladylike way not to worry Ms. Del Torto!) and went wild in the field near the lake at L'Ermitage St-Croix. We will always remember our Retreat; it's a day filled with fun and awesome memories we will always cherish. We can't wait until next year!

Lauren Farmer and Camille Chacra



“

Retreat is such a fun way to reconnect with all our friends!



“

Heart and Soul was such a great movie!

-Alessia DeLauri



7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Math: p. 239 # 1-7, 9, 13, 17, 18

French: test de verbes

English: Respond to Shakes.

Sci: Prepare for lab

Buy
Hilroy for
English

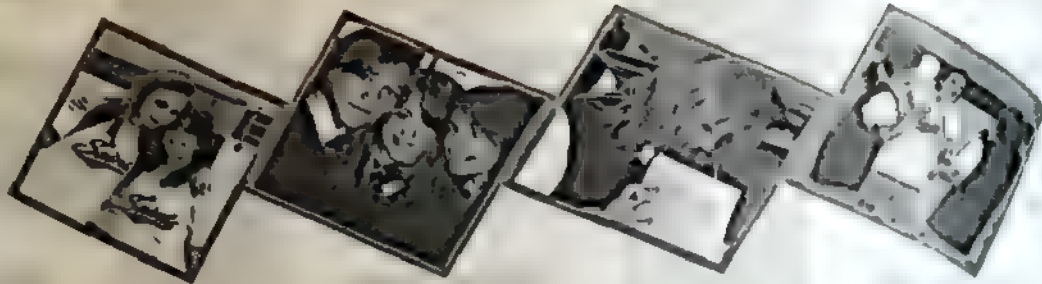
→ Sign blue slip ←

May Succetie
can't put for
what

Favourite Memory:

Survey Says

Ottawa Trip



Sean Angello
Bianca D'Amico Antero
Alexandra Andoni
Melissa Angenello
Lia Aquino
Amanda Aziz
Samantha Bachman
Alyssa Baldoni



Gabrielle Balot
Emily Bellenau
Bianca Bertoni



Jessica Bundo
Kerry Blake-Sweeney
Christina Brouard



Tara Brownbill
Patricia Caccione
Laurenza Caporuscio
Lisa Cavalluzzi
Cassandra Chase
Vanessa Chong
Caroline Colozza
Stephanie Courty Aboud



Angela Cristiano
Bianca Cuttaro
Lia D'Abate
Cassandra D'Ambrasio
Brooke Deer
Erica Deutschman
Kayla Di Gaetano
Sofia Di Girolamo



Lynn Dillon
Carlin Dixon
Olivia Durand
Alexandra English
Yukiko Evey
Emilie Flemming Parker



Shelby Louise Gann Carlas
Dimitri Garadachou
Cassandra Giaccari

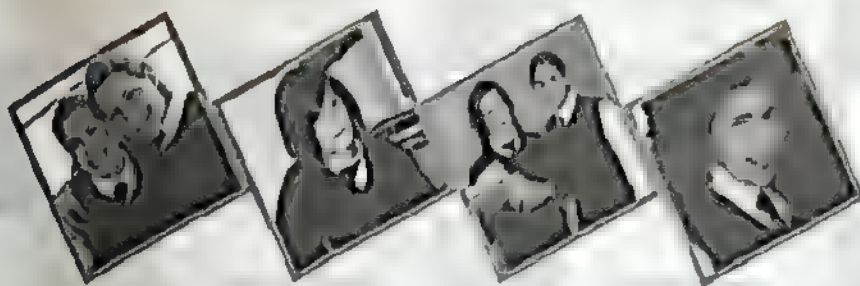


Emilie-Rose Gaudreau
Katrina Goulakos
Chloe Griffin
Amanda Hayley
Emilia Hannouche

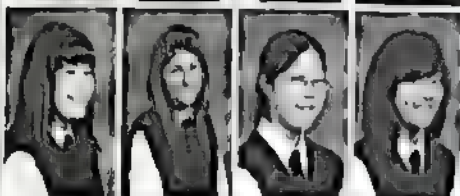


• CLASS OF 2008 •

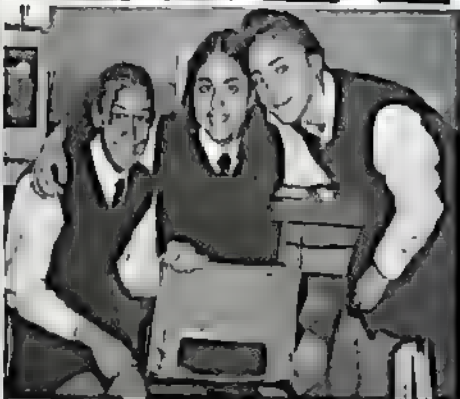
Secondary



Jessica Hinesley
Kendra K. Thompson
Alicia M. K. Thompson
Hilary K. Kutz



Rachel Dora Lammie
Johanna Lammie
Eun Jung Lee
Tara Lee



Samantha Mastromarino
Alexandra Michaluk
Cheng Chen



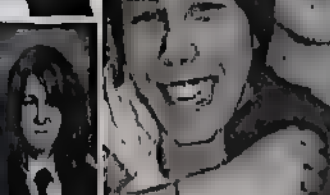
Chloe Peterson Beaudin
Tiffany Pongpanich
Jessica Popovich



Karimah Rahman
Katharine Reusch
Marianne Roeder
Alexandra Rodicio
Chloe Russo
Lauren Sartori
Terina Sargent



Elizabeth Thomas
Alexandra Traversari
Evangeline Tsoukas



Alexandra Uva
Alexia Valeri
Michelle Volante



Viviana Yu
Babara Zakrzewska
Ciarra Zappelli



Secondary III

Sunday



Monday



Tuesday



Wednesday



6

Teacher
Appreciation
Week



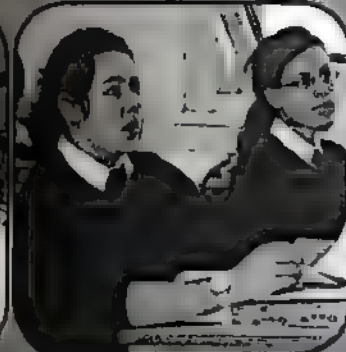
8

Mom's
Birthday



12

History
Assignment



21

Du Rousier
Mass



27

Math Test!



February 2006

Thursday

Friday

Saturday

Notes

2

Read French
book

3

Carnival



10

DASHABUSTADD



16

Religion Quiz



23

English BLC

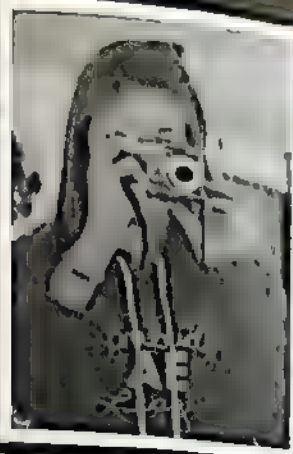


25

Shakespeare
Project



Secondary III Retreat



**Favourite
Memory:**
Survey Says
Sec 4 Retreat



Gabrielle Alachu
Melanie Al Ahmad

Allissa Analysis
Michelle Arsenault

Lara Arbutnot
Valerie Beaudoin
Johanna Bitharis
Callienne Brunelle
Olivia Cameron
Jessica Carroon
Kirsten Charron
Christina Christou

Madelyn Coull
Jessica Covino
Krystin D'Agostino
Giuseppina D'Aversa

Jessica Dees
Amunda De Ruggi
Melissa De Ruggi
Caitlin De Sève

Alexandra Deutschman
Lea Dikranian
Claire Farrell
Ruvensko Ferdinand-Peterkin
Tara Fern
Emily French
Elise Frym
Alessandra Galiano

Melania Golymbrowsky
Mercedes Goffin
Alana Guy
Elizabeth Hatzchristidis

Anana Ho
Vanessa Jaskolski-Romali
Stéphane Jazzen
Gillian Kerr



• CLASS OF 2007 •

Secondary IV



Christa Lallier
Andrea Laroche
Tanya LeBlond
Stephanie LeBlond
Melissa LeBlond
Diana LeBlond
Alyssa LeBlond



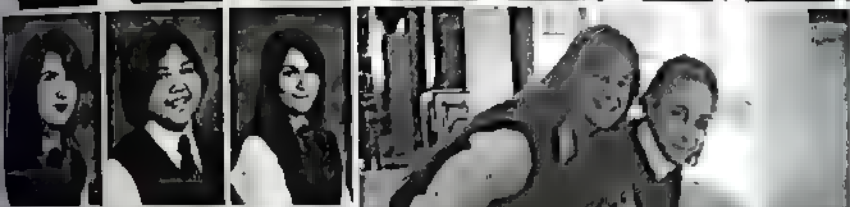
Christa LeBlond
Cynthia LeBlond
Danielle LeBlond
Francine LeBlond



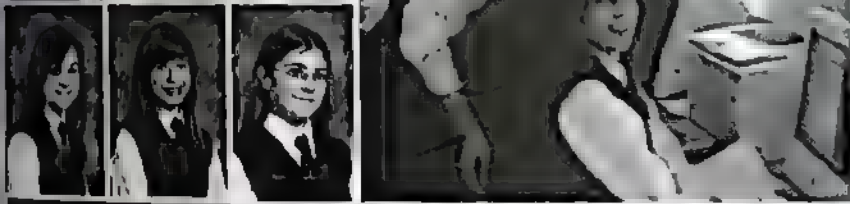
Amanda Martin
Sabrina Marquis
Lisa Martin
Eli Martin



Maria McCulloch
Alexandra McEwen
Danielle McEwen
Gloria Nguyen
Mai Nguyen
Cara Orm
Valentine Ostaszewski



Julia Parnis
Amanda Lee Phillips
Josee Poirer



Sonia Poirer
Kristina Raumondo
Germaine Richer La Fleche



Stephanie Roy
Emily Snell
Elizabeth Stronach
Hilary Tabak
Sheena Thibault



Alexandra Trou
Lauren Amy Vaupshus
Kia Watkins Martin
Carissa Wong



"You guys look gorgeous!! what a great picture. This was from the trip to NYC, right? WOO! Good times! I can't wait till the vocal/band trip next year"

Picture comment



“

And all the roads we have to walk along are winding . And all the lights that lead us there are blinding . There are many things that I would like to say to you but I don't know how . Because maybe you're gonna be the one who saves me ?

And after all you're my wonderwall ”

—Oasis



Profile: Alana

Favorite
ies S
here b
Powers
Blonde
of the C
La ve
l'amour
Breakfast



THANE SAYS: I'M AT SCHOOL TILL 5:30 TOMORROW
EMERSON SAYS: I LOVE THAT PRINCE PROJECT IS SOO
THE COOLNESS



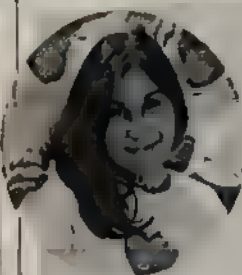
LIZ SAYS: ONE MORE YEAR TILL WE'RE FREE FROM THESE
STAIRS!
LISA SAYS: YEA, BUT WE'VE GOT THE BEST CALVES IN
THE CITY AM

Favorite
ies S
here b
Powers
Blonde
of the C
La ve
l'amour
Breakfast

- * Keds
- * UGGS and moccasin boots
- * Leggings with jean skirts
- * Razr cell phones

Rememberwhen..

- * We went to the theatre and saw "The Importance of Being Earnest"
- * We had our last retreat at the Ermitage St-Croix
- * We did "Alice the Camel" for the first time
- * We put on Sec V Entertainment for our big sisters



Profile: Amanda

"Favorite Music:
The Killers,
Sean Paul, The
Strokes, Cold-
play, Shakira,
Aerosmith, Panic!
at the Disco"



SHANE SAYS: I LOVE YZ MING TONG
DANIELLE SAYS: THIS YEAR CAMMIN' WIT
BLAST!



BLANDON GAIL SAYS: EXAMS ARE FINALLY OVER!
FASHIONISTA SAYS: THIS SUMMER IS GOING TO BE
THE BOMB!



EMILY SAYS: I LOVE BEN GEISNA LEMOX!
DAN SAYS: THE PORTER WAS HILARIOUS.



Picture Comment:

"Love the uniforms haha! You two look really nice though especially without be"



ANNAH SAYS: I WAS SO IMPRESSED BY THE PHOTO
SHOT TODAY
ANNAH SAYS: THEY'RE REALLY DOING A GREAT JOB!

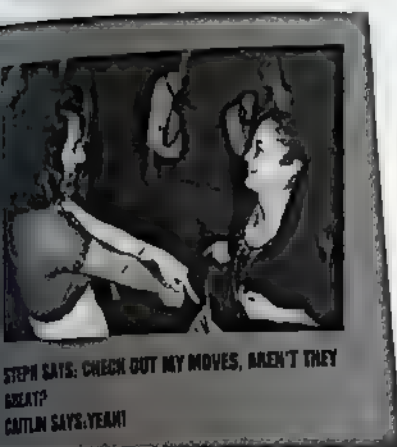
Favorite Ac-
cessory:
Shoes!



Profile:
Sabrina



LI SAYS: I'M THINKING OF A NUMBER BETWEEN 1
AND 10

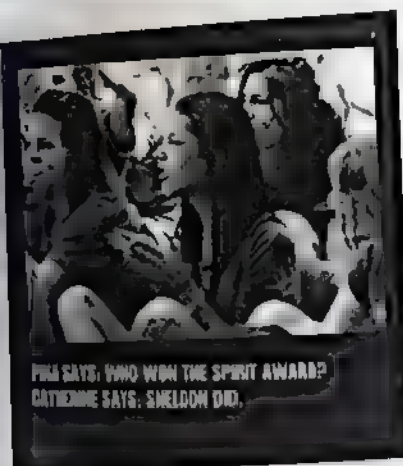


STEPH SAYS: CHECK OUT MY MOVES, AREN'T THEY
GREAT?
CATHLIN SAYS: YEAM!



EMILY SAYS: I'M SO LOWEN

Sec IV Candida



PILI SAYS: WHO WON THE SPIRIT AWARD?
CATHERINE SAYS: SHELDOON DID.



"Favorite
Sports:
Basketball,
volleyball,
tennis, soccer.

Profile:
Lea



FRANCESCA SAYS: IM GOING TO MISS YOU OVER THE
BREAK
EMILY SAYS: CALL ME AND WE'LL DEF GET TOGETHER



"Hobbies:
Chilling with
friends, watch-
ing movies,
reading, and
drawing"

Profile:
Grace



KAYLA SAYS: WHO'S YOUR FAVORITE GUY?
KAYLA SAYS: WHO'S YOUR FAVORITE GUY?
KAYLA SAYS: WHO'S YOUR FAVORITE GUY?

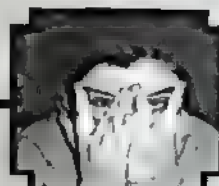


I'll be there for you when the
rain starts to pour.
I'll be there for you like I've
been there before.
I'll be there for you because
you're there for me too."

—The Rembrandts



SEC IV RETREAT



On April 6, the secondary IV class enjoyed our last retreat at L'Érmitage St-Croix. We watched *Life as a House*, starring the ever charming Hayden Christensen, ate chicken fingers and fries, sang the usual inspirational songs, and spent a much needed relaxing day with our friends. From the enthusiastic bus ride to the period of quiet reflection, this retreat was a definite success. Next year it's on to secondary V and our climactic two day retreat!



Electric
Lemon

ACTIVITIES

Girls for the Cure



We know how to
walk the walk!!

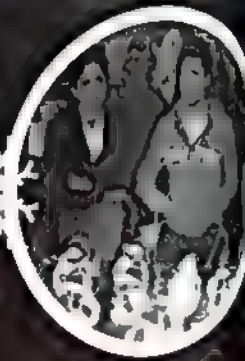


The 10th annual Girls for the Cure walk was, yet again, a success. Though the speakers' words brought tears to our eyes, the thought that all the funds we had raised would be going towards such a wonderful cause brought joy to our hearts. Mix 96 provided lively music for the girls from SHSM, QAA, ECS, Trafalgar, and Villa Maria who had gathered atop Mount Royal once having completed the walk. Though tired after having walked 5 km, everyone knew that it had all been for a good cause.

CHRISTMAS WISHES



Christmas



Holidays



Dashabustadd



Sacred Heart Critics rave:

“ The theatrical and musical performances of the 2005-2006 academic year were truly spectacular! ”



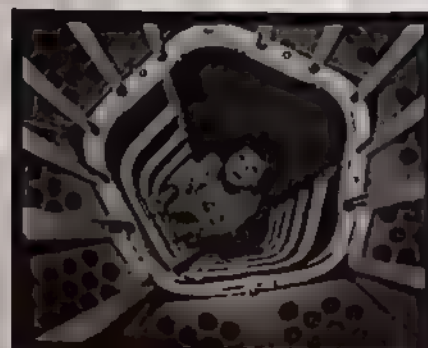
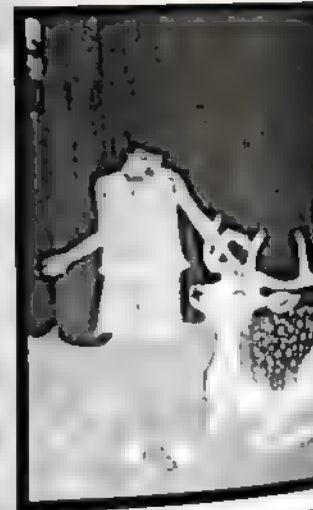
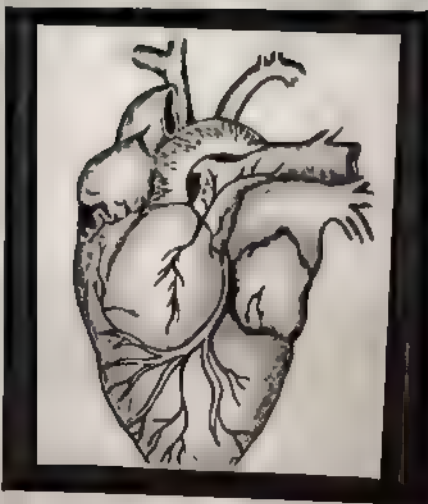
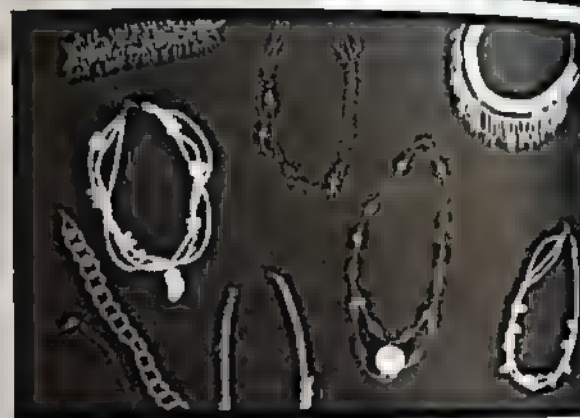
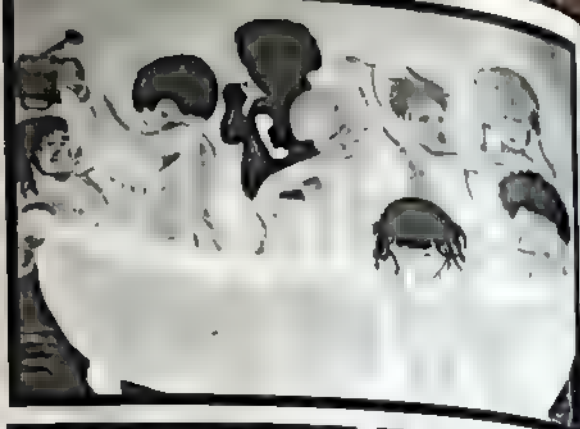
The Diary of Anne Frank

The Cast

Anne Frank: Stephanie Maris & Stephanie Zakem
 Mr. Frank: Robyn Grassby & Melissa Desmarais
 Mrs. Frank: Sam Reusch Desautels
 Margo Frank: Alexandra Lantosh
 Mr. Van Daan: Stephanie Alberga
 Mrs. Van Daan: Kathryn Palmer
 Peter Van Dan: Michelle Lewis
 Mr. Dussel: Laura Kavanagh
 Miep: Kayla Yip
 Mr. Kraler: Lisa-Marie Rinaldi



ARTS
FESTIVAL





Lara Artinian
Tunbridge Wells, England
March 12-25



Virginia Clarke
Omaha, Nebraska USA
March 5-25



Sarah Crevier
Perthshire, Scotland
March 3-26



Pina D'Aversa
Melbourne, Australia

Student Exchange

Andrea Latella-Duboyce
Paipai, Taiwan
August 7-18



Davina Lopocaro
Nantes, France
March 5-25



Patricia Snell
Bussels, Belgium
March 14-April 8



Elizabeth Stronach
Takarazuka City, Japan
June 24- July 8



City House Pictures
Proudly Presents



3rd Place Video!!!



3rd Place Kiosk!!!



Annopoly

Starring...



Our Fabulous Monroe-Bot



The Junior Robotics Club



3rd Place Journal

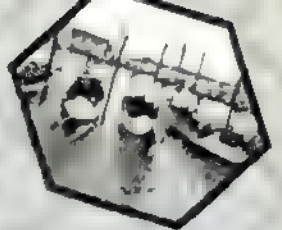


Great Robot Girl



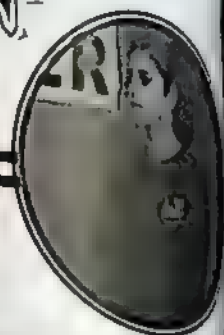


Italy Trip 06





Semaine du Français



THE BEAT--SPORTS



The 2005-2006 athletic year has come to an end. This year, the girls have shown great passion and spirit on and off the courts and fields. They celebrated their victories, and accepted their losses with dignity. A special thank you to all the teachers who have sacrificed their time in order to commit themselves to coaching. We could not have done it without your support.

Soccer Page 52

Golf Page 53

Softball Page 53

Track Page 54

Cross Country Running Page 54

Cross Country Skiing Page 55

Basketball Page 55

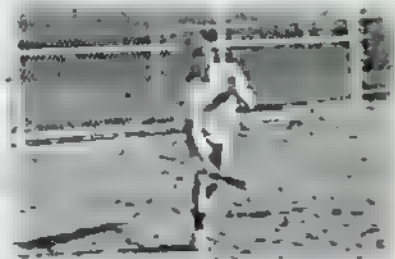
Tennis Page 56

Badminton Page 57

Swimming Page 57

Football Page 57

Volleyball Page 58



THE BEAT -- NEWS

PRIVATE SCHOOL BANTAM SOCCER

Coach: Ms. Vaupshas

A. Abreu-Moore, A. Boky,
J. Colavincenzo, S. Côté, M.
D'Ambrosio, A. Di Giorgio, F.
Ghalch, J. Hanna, A. Jeanson,
J. Jenneau-Rollin, S. Labbad, K.
O'Keefe, J. Palermo, L. Predan-
Chauvin, J. Santos.

GMAA BANTAM SOCCER

Coaches: Mrs. Cumming &
Mr. Vlogiannitis

A. Barwick, K. Bucco, R. Catel-
lier, A. Cerulli-Kanellopoulos,
M. Clarke, K. Coughlin, C. Di
Tomaso, L. Farmer, J. Sadko, C.
Pulice, B. Ripolo, M. Saikali, S.
Segal, Z. Vlogiannitis, M. Walsh

MIDGET SOCCER

Coach: Mrs. Cumming

B. Arciero, A. Arduini, G. Balit, A.
Cardillo, C. Colozza, A. Cristiano,
K. Dextras-Romagnino, L. Dillon,
C. D'Ambrosio, A. English, A.
Koutsogiannopoulos, E. McDon-
ald, C. Ohayon, G. Padvaiskas, T.
Piergiovanni, M. Vokaty.



-- HAD A GREAT SEASON --



-- MADE IT TO SEMI-FINALS --



-- CHAMPIONSHIP WINNERS AT THE CAIS SOCCER TOURNAMENT --

SPORTS --UPDATES



-- WINNERS OF THE GMAA CHAMPIONSHIP BANNER --



-- WINNERS OF THE GMAA CHAMPIONSHIP BANNER --



-- HAD A GREAT SEASON, AND WON THEIR FIRST GAME IN SEVERAL YEARS --

JUVENILE SOCCER

Coach: Mr. Griffin

A. Analytis, J. Barwick, A. Cavaleri, K. Charron, I. Covino, E. French, E. Hatzihristidis, I. Lesvesque, S. Loffreda, M. Lombardi, I. Matteo, J. Newton, S. Roy, E. Snell, P. Snell, A. Troh, S. Vokaty

GOLF

Coach: Mr. Pagé

G. Balit, K. Coughlin, R. Grassby, J. Newton, S. Roy

SOFTBALL

Coach: Mr. Hammett

V. Afonso, S. Benoit, B. Bertoia, E. Brown-Vandercruys, C. Brunelle, G. Kerr, L. Martin, A. Mitchell, C. Paolucci, A. Ruffolo, T. Wright-Connors.

THE BEAT -- NEWS

INDOOR TRACK

Coach: Mme. Belfort

S. Benoit, A. Cammisano,
E. McDonald, G. Tsotas, S. Sanchez-
Dias, C. Colozza, K.D'Agostino,
M. DeRuggi, S. DiGirolamo, C. Dixon,
A. English, M. Griffin,
M. Roaldi, G. Richer-Lafleche

OUTDOOR TRACK

Coaches: Mme. Belfort, Ms. Neeff
& Susan Tepperman

Bantam: A. Alacchi, A. Barwick, S. Benoit,
E. Brown-Vandecruys, K. Bucci, M. Burke,
R. Catellier, J. Colavincenzo, E. Fyfe,
E. Gagnon-Rivet, K. O'Keefe, S. Orcutt,
V. Paliotti, C. Paolucci, C. Perodeau,
S. Sanchez-Dias, M. Spatolisano,
E. Toussainte, G. Tsotas, T. Wright-Con-
nors

Midget: C. Colozza, S. DiGirolamo,
C. Dixon, A. English, C. Mancinelli,
T. Martin, M. Roaldi

Juvenile: J. Barwick, M. Desmarais,
A. Gagnon-Rivet, M. Gale, S. Maris,
J. Newton, B. Sportella, S. Vokaty

CROSS COUNTRY RUNNING

Coaches: Mme Belfort & Mme
Talbot

Bantam: A. Barwick, L. Farmer,
E. Gentile, T. Gormley,
M. Spatolisano, M. Tiramani,
C. Warner

Midget: S. Angelis, A. Baldoni,
J. Bindras, C. Colozza,
C. D'Ambrosio, K. Di Gaetano,
C. Dixon,
A. English, R. Ferdinand-Peter-
kin, T. Martin, T. Piergiovanni,
M. Roaldi, A. Vincelli,
M. Vokaty

Juvenile: J. Barwick, P. Snell,
B. Sportella, S. Vokaty



--WON GMAA MIDGET AND JUVENILE CHAMPIONSHIP BANNERS--

SPORTS --UPDATES



CROSS COUNTRY SKIING

Coaches: Mrs. De Verteuil & Mme Robitaille

Bantam: A.Barwick, C.Pulice, M.Loren Eberle, J.Chadwick, T.Gormley, E.Gagnon-Rivet
Midget: B.Arciero, A.Traversari, A.Uva, J.Popovic, C.D'Ambrosio
Juvenile: M.Gale, P.Snell, J.Panetta, J.Newton, M.Desmarais, S.Vokaty, J.Barwick, C.Rudolph-Zbarsky, A.Gagnon-Rivet

GMAA BANTAM BASKETBALL

Coaches: Mme Giguere & Mme Levesque

A.Abreu-Moore, E.Brown-Vandercruys, E.Caron, F.Ghaleb, V.Italia, A.Jeanson, S.Labbad, A.Perodeau, M.Walsh, T.Wright-Connors, M.Zakem, L.Zappitelli

PRIVATE SCHOOL BANTAM BASKETBALL

Coaches: Mrs. Cumming & Ms. Sophie Grigoropoulos

J.Albanese, A.Cardillo, R.Catellier, K.Coughlin, K.Dextras-Romagnino, V.Lombardi, E.McDonald, A.Mitchell, C.O'Donnell, G.Padvaiskas, B.Ripolo, M.Saikali, J.Santos



-- MADE IT TO THE CONSOLATION ROUND OF THE MONTREAL INDEPENDENT SCHOOLS BASKETBALL TOURNAMENT --



-- PUSHED SECOND IN THE MONTREAL INDEPENDENT SCHOOLS BASKETBALL TOURNAMENT --

THE BEAT -- NEWS

MIDGET BASKETBALL

Coaches: Mr. Griffin & Ms. Ritou Maloni

G. Balit, S. Coury-Aboud, C. D'Ambrosio, K. Di Gaetano, L. Dillon, K. Goulakos, C. Griffin, J. Hindley, T. Martin, T. Piergiiovanni, M. Vokaty

JUVENILE BASKETBALL

Coach: Ms. Neeff

S. Alberga, L. Artinian, O. Burke, A. Cavaleri, I. Covino, E. Hatzihristidis, N. Jaga, S. Khoury, J. Newton, S. Roy, S. Vokaty,

TENNIS

In Charge : Mme. Morrisseau
Coach : Mr. Asquini

Bantam: M. Clarke, M. Saikali, N. Kanji, M. Burke, J. Palermo, G. Michetti, F. Ghaleb, Taylor Gormley
Midget: Lia Asquini, E. Deutschman, G. Balit, C. Griffin, G. Nguyen, M. McCulloch, A. Deutschman
Juvenile: M. Gale, M. Griffin, S. Khoury, S. Zakem, A. Trolu, J. Newton, M. DeRiggi



-- FINISHED FOURTH IN THE MONTREAL INDEPENDENT SCHOOLS BASKETBALL TOURNAMENT --



-- FINISHED THIRD IN THE MONTREAL INDEPENDENT SCHOOLS BASKETBALL TOURNAMENT --



SPORTS --UPDATES



-- HAD A GREAT SEASON --



BADMINTON

Coaches: Ms. Martel & Mr. Pagé

Bantam: K.Kotar, T.Morrison,
G.Chopra, C.Russo, V.Paliothi,
A.Laurendeau,
P.Belliveau, C.McDougall,
E.Fyfe, R.Iyadurai, L.Predan-
Chauvin

Midget: L.Martin, E.Stronach,
C-L.Russo, T.Brownbill, V.Yu,
C.Colozza,
M.Roaldi, C.Dixon

Juvenile: K.Palmer, E.Brownbill,
V.Afonso, A.Lantosh, S.Amorosa,
S.Godin, M.Gale

SWIMMING

Coaches: Mrs. Armstrong and
Mme Talbot

Bantam: A.Arella, A.Barwick,
J.Benc, A.De Lauri, V.DiValerio,
L.Farmer,
A.Farhung, K.O.Keefe, N.Pereira-
Erskine, C.Pulice, P.Sasouni,
C.Travaglini

Midget: A.Analytis, S.Backman,
A.Baldoni, D.Manno, G.Richer-La
Flèche,

T.Sweet, M.Vokaty

Juvenile: J.Barwick, V.Clarke,
J.Newton, S.Vokaty

BANTAM FOOTBALL

Coaches: Mr. Pagé and Ms. Neeff

A.Abreu-Mooré, A.Cardillo,
A.Cerulli-Kanellopoulos,
K.Coughlin, K.Dextras-
Romagnino, C. Di Tomaso,
S.Labbad, E.McDonald,
C.O'Donnell, G.Padvaiskas,
L.Pengelley, M.Saikali, J.Santos,
M.Walsh

THE BEAT --NEWS

MIDGET FOOTBALL

Coaches: Mr. Griffin & Mr. Reda

G Balit, C. Colozza, C. D' Ambrosio,
L. Dillon, K. DiGaetano, A. English,
C. Griffin, G. Kerr, S. Loffreda,
T. Martin, A. Michailuk, C. Ohayon,
M. Roaldi, M. Vokaty

JUVENILE FOOTBALL

Coaches: Mr. Bruce Charron &
Mr. Ron Cumming
Supervisor: Mrs. Dawn Cum-
ming

A. Abrol, J. Barwick, O. Burke
A. Cavaleri, K. Charron
M. Desmarais, L. Dikranian,
R. Ferdinand-Peterkin, J. Newton
S. Maris, C. Orsini, E. Snell, A. Troh
S. Vokaty

BANTAM DIVISION B VOLLEYBALL

Coach: Ms. MacCallum

C. Kontaxis, E. Motivans,
A. Cordeiro, C. Snell, G. Tsotas,
J. Albanese, G. Chopra, C. Russo,
A. Alacchi, E. Fyfe, C. O'Donnell,
E. Gentile



--HAD A TERRIFIC SEASON--



--HAD A GREAT SEASON--



--HAD A GOOD SEASON--

SPORTS --UPDATES



-- WON THE GMAA CHAMPIONSHIP BANNER, AND WENT ON TO THE NATIONALS! --



-- MADE IT TO SEMI-FINALS --



-- MADE IT TO SEMI-FINALS --

SANTAM DIVISION 1 VOLLEYBALL

Coach: Mr. Pagé

M. Burke, S. Cassis, S. Cristodou-
lopoulos, A. Gomide, K. Guy,
E. Horonowitsch,
C. MacDougall, T. Morrison,
L. Pengeley, A. Perodeau

MIDGET VOLLEYBALL

Coach: Ms. Neett

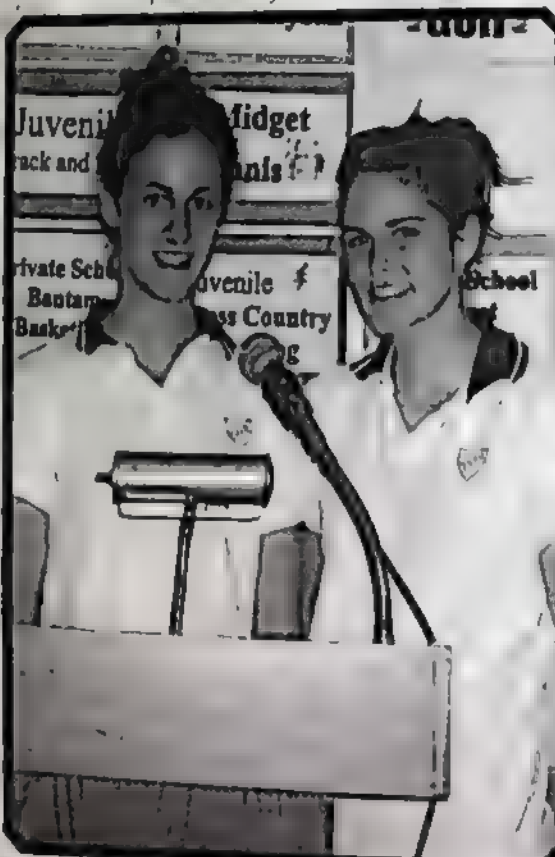
C. Brossard, L. Dikranian,
C. Dixon, A. Hajaly, L. Lee, V. Luu,
S. Mastromonaco, A. Michailuk,
M. Roaldi, C. Russo

JUVENILE VOLLEYBALL

Coach: Mr. Kousik
Advisor: Ms. Antonini

J. Bitharas, A. Guy, S. Karzon,
A. Lantosh, A. Latella-DuBoyce,
C. Mancinelli, S. Marques,
Y. Moinuddin, E. Stronach

SPORTS BANQUET



••Wednesday, May 15th••

8:05 •• General Assembly

8:30-3:10 •• Classes

3:30 •• Art club

Have a
Wonderful
Wednesday!!!

3:45 •• V-ball club meet in gym

4:00 •• Vocal in Barat Hall

4:30 •• Photography club meeting

5:00 •• Debating practice

Clubs

Art Club



Advisor: Mrs. Gendron
C. Mancinelli, P. Belliveau, S. Louise Gaon, C. Carlas, M. Arseneault,
M. Lewis, P. Dahanus, J. Carnero, V. Ostaszewski, C. Farrell,
M. Denison, A. Khouri-Gamde, C. D. Ambrosia, A. Lanni, M.
Eberle, C. Russo, C. Snell, L. Golymbiowski, T. Wright-Con-
nors, S. Maris, A. Cammusano, J. Munro, L. Cavalluzzi, G. Richer,
L. La Roche, S. Backman, I. Dikrania, B. Sportella, G. Lafrance,
J. Chadwick, P. Caccese, G. Alacchi, D. Molettieri, A. Molettieri,
G. MacDonald, S. Bertrand

Photography Club



Advisor: Ms. Gendron

S. Reusch-Desautels, S. Bertrand

Debating



Advisor: Mr. Bordonaro

E. Brownbill, P. Caccese, S. Chattoo, L. D'Abate,
S. Maris, I. Matteo, K. Palmer, K. Rahman, E. Snell,
P. Snell, E. Stronach

Vocal Ensemble



Advisor: Ms. Martel

S. Amorosa, C. Babin, S. Backman, S. Bertrand,
E. Brownbill, T. Brownbill, Pamela Caccese,
Jessica Carriero, Madelyn Coull, Lia D'Abate, Ruven
Ferdinand-Peterkin, S. Godin, S. Karzon, I. Kavanagh,
G. Lafrance, M. Lewis, G. MacDonald, C. Mancinelli,
V. Ostachevski, K. Palmer, Chloe-Lynn Rouso, C. Wong

Environment Club



Advisor: Mr. Laperle

K. Mandilaras, K. Pansera, M. Tutino, O. Kuzyk

Liturgical Choir



Advisor: Mr. Hammett

J. Belliveau, J. Benc, S. Bertrand, T. Brownbill,
P. Caccese, G. Chopra, L. D'Abate, B. Deer, M. Denison,
S. DiGiorlamo, M. Gale, S. Gaon, S. Godin, G. Lafrance,
G. MacDonald, C. Mancinelli, S. Maris, T. Morrison, V.
Ostachevski, L. Pengelley, A. Power, C. Rouso, C. Wong

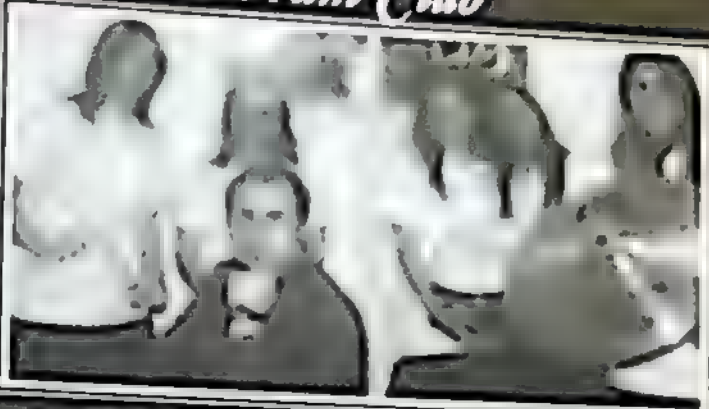
Chorus



Advisor: Ms. Martel

S. Benoit, S. Bertrand, T. Brownbill, P. Caccese, S. di Girolamo, M. Gale, T. Gormley, C. Kouremenos, A. Lanni, R. Lee, C. Russo, C. Russo, N. Vitale, V. Yu

Drum Club



Advisor: Mr. Fillion

C. Travaglini, N. Pereira-Erskine, N. Kanji, J. Patriarcha Santa Maria, L. Pengelley

Jazz Band



Advisor: Ms. Walsh

J. Bitharas, C. De Sève, J. Deer, R. Ferdinand-Peterkin, E. Fryml, A. Ho, E. Jung Lee, A. Lee Philips, C. Mancinelli, L. Martin, T. Martin, A. Moletierri, V. Ostaszewski, E. Stronach, C. Wong

Junior Band



Advisor: Ms. Walsh

L. Golymbiowsky, N. Davis, A. Lewycky, V. Lombardi-Lajone, L. Pangelley, N. Pereira-Erskine, C. Raffie, P. Morin, E. Brown-Vanderkrays, S. Christodouloupoulos, T. Morrison, N. Toia, S. Alfonso, J. Lauren-Sadko, J. Cappella, A. Allachi, A. Arella, A. Di Giorgio, F. Ghaleb, J. Palermo, J. Tubino, M. Zakem, E. Fyfe, E. Horonowitsch, V. Italia, E. Mohyans, A. Perodeau, A. Delorme

Concert Band



Advisor: Ms. Walsh

A. Baldoni, A. Barwick, J. Bitharas, C. Brossard, E. Brown Vandergraz, E. Brownbill, T. Brownbill, L. D'Abate, J. Deer, S. Di Girolamo, J. Dillon, C. Dixon, R. Ferdinand-Peterkin, E. Fryml, K. Fryml, E. Giuliani, A. Ho, E. Jung Lee, J. Kalafatis, A. Lee Philips, S. Loffreda, L. Luu, C. Mancinelli, L. Martin, T. Martin, A. Frances Meyer, A. Moletierri, G. Nguyen, V. Ostaszewski, J. Paniconi, K. Rahman, M. Roaldi, C. Russo, E. Stronach, C. De Sève, M. Vokaty, C. Wong, V. Yu

Volleyball Club



Advisor: Mr. Pagé, Mr. Kousik

J. Bitharas, S. Cassis, L. Dikranian, A. Gomide, K. Guy, S. Karzon, A. Lantosh, A. Latella DuBoyce, Y. Moinuddin, C. Ohayon, L. Pengelley, E. Stronach

SSUN



Advisor: Mr. Fillion

E. Snell, D. Loporcaro, G. Kerr, M. Al-Ahmed, P. Snell, B. Sportella, I. Matteo, J. Belliveau, A. Power, A. Abrol, S. Godin, S. Chattoo, S. Amorosa, V. Clarke, V. Pendenza, J. Panetta, E. Stronach, C. Rudolph Zbarsky, S. Pakis, R. Grasby, M. McCulloch

Model UN



Advisor: Mr. Fillion

A. Power, B. Sportella, C. Rudolph Zbarsky, I. Matteo, J. Belliveau, J. Panetta, P. Snell, E. Snell, S. Godin, S. Chattoo, S. Amorosa, V. Pendenza, V. Clarke

Faculty Scholars



Advisor: Mr. Judson

A. Alacchi, A. Arella, R. Carellier, A. Cerulli-Kanellopoulos, L. D'Abate, A. di Giorgio, K. Kotar, E. McDonald, A. Lewyckij, H. Zargham, G. MacDonald, J. Belliveau, A. Power

Issues in Economics



Advisors: Mr. Fillion, Mr. Bordonaro, Mr. Laperle

A. Abrol, E. Chacra, C. Abrol, M. Tutino, M. Gale, M. Cusma Davico, A. Lantosh, I. Covino, C. D'Itri, N. Santagata, K. Sani, M. Atallah, S. Bertrand

Newspaper



Advisor: Ms. Arella

J. Belliveau, L. Kavanagh, S. Chattoo, V. Clarke, M. Gale, A. Lantosh, K. Palmer, A. Power, L. Martin, E. Snell, N. Jaga, M. Tutino, P. Snell

Literary Magazine



Advisor: Mrs. Armstrong

D. Sabra, C. Snell, G. Tsotas, M. Burke, A. Lewyckij, J. Bindra, K. Mae B. Savery, D. Laroque, T. Frem, G. MacDonald, G. Richer-Lafleche, I. Matteo, P. Snell, S. Chattoo



Graduates

Alexandra Abrol



Dear class of 2006, we must realize that graduation is not the end, it's just the beginning. It marks the beginning of a long and exciting journey that awaits us all, the journey of life. To the greatest group of girls I'll ever know: "Shoot for the moon. Even if you miss, you'll land among the stars."
-Les Brown

"Alex"

Christina Abrol



The years have gone by so fast and now graduation is finally here. Thanks for a wonderful five years and unforgettable memories, LK, NL, JS, KM, AG. Efxaristo gia oli sas tn agapi Mitera, Baba, Dwin kai CK. This is not the end but only the beginning.

"Chris"

Vanessa Afonso

Our five years are up! To my friends thanks for the priceless memories and very original games (Jeopardy and Clue), to my teachers for being our cheerleaders and to my parents and sister for their patience and support.



"Nava"

Stephanie Alberga



Yes, it's over my friends! IC, IIB, IIC, IVA, VB: amazing memories. Andrea(sbj), no place to start, so there isn't an end, here's to us FAB5, MD, MPSC, SK, SZ: you made it even more unforgettable. ma, dad, enge, ama love you, thanks. We did it! Can't stop, won't stop

"Steven"

Stephanie Amorosa



Congratulations Class of 2006! We made it! It's been 5 amazing years filled with memories that will last a lifetime! Mom-Dad-Deanna-thank you for believing in me! My friends-good friends are hard to find and impossible to forget, I love you!

"Sophie"

Micheline Atallah



The things we did, the things we said, keep coming back to me and make me smile again. You showed me how to face the truth. Everything that's good in me I owe to you. -Backstreet Boys Thanks to my family and friends for everything. Congrats Class '06!

"Michi"

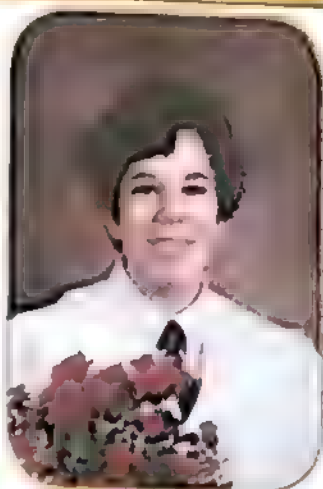
Tina Athanasoulis



"School's out, Memories past, Don't ever doubt, Our friendship will last". Already five years have passed. A huge thank you to my family, friends and teachers for supporting me. Mom, dad, bro: I love you! Friends you mean the world to me. So many memories, peace.

"Tinkers"

Caitlin Babin



To my family and friends: thanks for everything. I don't think the past five years can be expressed in words, I mean other than the words WE MADE IT THROUGH ALIVE! "My heart ticks in beat with these kids that I grew up with, living like life's going out of style."

"Cait's"

Jennifer Barwick

Grads 06, I love you all! All my buddies-> you guys made my five years here. Italy, here we come! Thanks Mom, Dad and Ali you got me through! "Nobodysaid it was easy, it's such a shame for us to part" -Coldplay. Good luck everyone! -WootWoo



"Jen"

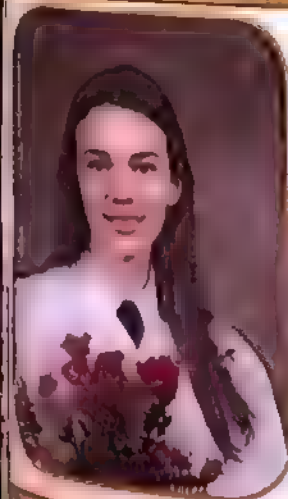
Anne Bellini



Mom, Dad, Bro-you saw the best in me & believed in me thank you & I love you. To my gurlies all unique in their own ways-without you I'm the dance without the song. Thanks for the good times-Endless Love*. Laugh till it hurts, live life -La Vita E Bella*peace

"Peekie"

Janet Belliveau



Good friends are hard to find, harder to leave, and impossible to forget. AP MG KP SM SV JB thanks for being there. Lunch Table, Pink Juice, WYD, Stratford, SSUNS. Mom, Dad, thanks for everything; it was worth it. A la mia famiglia: ti amo e grazie! (To my family: I love you and thank you!)

"Jalyssa"

Vanessa Berretta



These past years have been amazing, I will miss you all. I want to thank my family, VNAKS, SPAD, love you guys. Best time ever with highlighter fights.(2/28)

"Van"

Stefania Bertrand



"Music isn't just learning notes and playing them, You learn notes to play to the music of your soul."- Katie Greenwood. Thank you to all my friends for keeping me sane through the years, and to my family for always being there! You are dear to me.

"Steffie"

Erin Brownbill



Another chapter of my life has been completed and it's time for a new one to begin. It's hard to picture life without a kilt and knee socks! Thanks to all my friends-I will never forget you, and thanks to my family for bringing me to Canada!

"Billy"

Olivia Burke

It's about time. We've all had bad times, but definitely more good to match them. Sprankton: my closest friends, great times: beefsteaks, smoorsh, candy. All of those who've put up with me, thanks. Class2006, cleverly disguised as responsible adults, good luck.



"Liverachli"

Andrea Cavaleri



FAB 5 true friends are like diamonds bright, beautiful, valuable, always in style, love you girls! Steph sb it's just the beginning to many more memones ASA TRIOxox. Thanks Mom, Dad, AA for everything GRADS06 it's our time to shine, take a bow we deserve it!

"Dre"

Sara Cavalluzzi



Congrats girls, we did it! Mom, Dad, Marco & Lisa, thank you for everything! Teachers, you are an inspiration! JIVS-nyc, bsb, Mms-great times! CD, MP, KS, EC, SK, SZ & prefects-I love you all! You've been amazing friends! Thank you for so many unforgettable memories!

"Cava"

Emily Chacra



Five years have gone by TOO QUICKLY. Mom (my shrink!), Dad, Camille: I love you! My friends: KS, IC, SC JP, VP, CD, MP, SK, SZ + Prefects-you've made this experience amazing. Too many memories! "You'll always be a part of me, I'm part of you indefinitely"-M. Carey

"Em"

Shayesta Chattoo



"To make me understand today, you made me search yesterday. So I have for the past 5 years." Thanks to mom,dad,Ali. Thanks to all my teachers at S.H., and my wonderful friends. Physics buddy: lip gloss. Best of luck to class of '06!

"Shayesta"

Virginia Clarke



To Mom,Dad,Sean, Nathan,Morgana and family thanks I love you more than words can say.To my friends you've been there through it all SRD too much to write.Grad06 we did it!5 years went by so fast.To my teachers thanks is not enough SHSM it's been fun

"Vingit"

Isabella Covino



To all '06 Grads, we made it!Unforgettable moments with all of you: CD,EC,KS,MP,SK,SZ. Thank you to my family A big thank you to Danny, you're my inspiration, I love you. Thanks especially to JIVS: bob nyc,mms, Friends Forever!Good luck to all Graduates!

"Isa"

Sarah Crevier



Grads'06,I'll miss you. To my friends,you mean the world to me. Mom, my greatest supporter; Dad, my inspiration; Xandra,my guardian"No distance of place or lapse of time can lessen the friendship of those who are thoroughly persuaded of each other's worth."

"Crev"

Maria Cusma Dovico



To the Grads of '06, thanks for all the laughs and memories. MT,CRZ,NP,KP- love u guys!ace, I feel pretty, Pavlo, sweet 16, big picture. Always remember, the future belongs to those who believe in the beauty of their dreams.

"Mama"

Jessica D'Amico



It is said that life's a journey. Thanks Mom+Dad, wonderful teachers and friends for making my 5 year journey memorable and pleasant. Thanks Dany for being the best brother a sister can have. Thanks Ben/IL/AB/DW/Fab/Class'06-memories will last forever.

"Jessie"

Graduates

Elisa D'Ascanio



Congrats to all the grads, we did it! Thanks to my family, mom, dad, Christine. For all your support, I love you all. To my friends, I will miss you so much, good luck in the future. XOXO

"Lisa"

Christina D'Itri



Ladies, we actually made it! To my family: Mommy Daddy Melanie Michaeliamo and thanks for the support. To all my friends: too many memories. M P-my other half/JIVS/S&S/E.M/K S/Fab5. To all the teachers: simply thank you. I'll miss you all...ciao!

"Chris"

Jessica De Rosa



NS, KM, MP, AC, SA, CD, SC=MCS-Thank you for all the good times, you're amazing<3. To my family, thank you for all the support. Nad and Mandi (TRIPOD): "If we go down, we go down together, best friends means..."-Taking Back Sunday. Congrats!!

"Jess"

Crystal De Souza



It's hard to believe that it's been 5 years already. To all my friends -I love you TA, AB KN, IL JD, DW, MA, LR&KY-thanks for all of the memories, you guys are one of a kind. Mom, Dad&Carol your support got me through To the grads of 06-we made it

"Crys"

Meghan Denison



Thanks to my family for helping me through these past five years, couldn't have done it without you. To my friends SB, GL, LK, IM, and all the others thank you so much for everything. To the class, good luck in the future and hope to see you all soon!

"Gunn"

Melissa Desmarais



Grads, we walked in as strangers, and now leave as family. It's been fun. Teachers, thanks for giving (and enduring) so much. Mom Dad-Kyle- thanks for the love. "It's something unpredictable but in the end it's right I hope you had the time of your life."

"Mel"

Catherine Farrell



So much to say, so little space. Thanks to my family for all the support. Thanks to all my friends, you know who you are [...]. Mick, you rock. Countless laughs. We're so cool...right? Right?! Why aren't you answering me??? I love you all, good luck!!

"Cassie"

Alexandra Gagnon Rivet



This school was a terrifying step I took; it turned into a great experience. I made friends who shaped me to be the person I will become. Mom, Dad, Ely, you helped me through this in laughs and tears. Thank you!

"Alex"

Marion Gale



"What once seemed so far away came so fast. It was a wonderful ride, too bad it can't last." Marion Gale. My lunch buddies-you pulled me through the bad days and made the good even better. Thanks for everything class of '06! See you at reunions...

"Mar mar"

Linnet Ganten



I'll try, but you see, it's hard to explain ...The end has no end so live on and party hard; Sprankton: a noun, disease you get from chewing too much!

"Lunny"

Alexandra Giannakis



Adios mouchachas. My limo awaits. I'll see you in Hollywood!

"Ali"

Sandra Godin



The five years are already over! We made it! To all my family, I am grateful for all the support and love you gave me. To all my friends and teachers, thank you for being there for me and I will miss you all. Good luck to the class '06!

"Godin"

Graduates

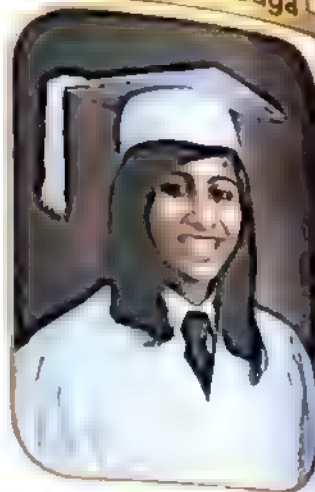
Robyn Grassby



SPRANKTON to the end, to the ACEGANG, my pillars. Mom, Dad, Ryan and the fam, my sources of inspiration and support. To the GRADS, I couldn't have asked for better friends. To SHSM, I've grown up here, I'll always miss the stairs.

"Robbie Monica"

Nisha Jaga



It took 5 years but we made it! Over the years we've had ups & downs but let's choose to remember the ups because in the end all that matters is that we had fun in high school. So congrats grads of '06, it's been a good 5 years. Let the memories last.

"Nish"

Lambrini Kakogiannakis

5 years already! Jenn (sister), Tash, Chris you guys are the best & I love you. Mommy thank you for always listening & understanding, I love you. Baba & Metaxia thank you for everything. Chantal, Mel, Vero thank you for all the support. FIA TIN EL-LADA POU AGAPO.



"Bambrini Babobiababab"

Laura Kavanagh



Thank you to all the Kavanagh and Henderson families. I would have not been able to succeed without you. I'll never forget the memories, the band aids and the good times I've had a blast everyone, but it's time to say good-bye. Love you, peace.

"Kavanagh"

Stephanie Khoury



We made it! It's been a tough 5 years but it was filled with many laughs and good memories. I couldn't have done it without my amazing friends, wonderful grade, great teachers and loving family. SHSM: Thank-you, good-bye, and I will miss you all.

"Steph"

Gabrielle Lafrance



Thanks to dad, mommy, yayia and my little pest of a sister—I love you! Hey Stef, Gin, Flash, Lolo, Cait, Iz & Axi, couldn't have gotten through without you. Glomp Remember: It's possible to be psychotically happy and morbid at the same time!

"Gubs"

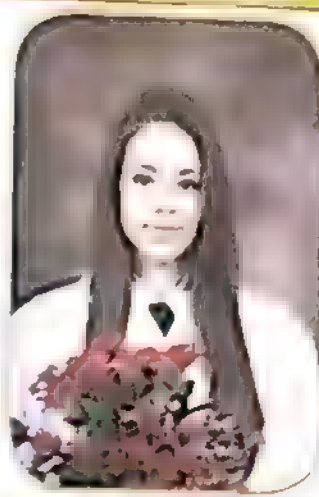
Anastasia Lambrinos



My Family: you guys have been my hope & inspiration. I love you. Jenn (burn) & Lamb I will never forget you. Graduates: you've made SHSM unforgettable. Many of life's failures are people who didn't realize how close they were to success when they gave up.

"Tasha"

Alexandra Lantosh



"My goodness how the time has flown!" ~Dr. Seuss. To my family for always believing in me, to the teachers for going beyond the textbooks, and to my friends for the precious moments we shared. Even the best of friends must part. Goodbye for now, till we meet again! Good luck, I believe in you all.

"Alex"

Isabelle Levesque



Trops to the Fab11. "I hope you had the time of your life" Dream. Remember. "I will survive" Laugh Insanely. Smile JD "There ain't no mountain high enough" AB Be Proud. Be strong. "Darling, stand by me" DW Cheers Grads 2006. We made it! Hugs & Kisses

"Isz"

Michelle Lewis



Five years have seen our little band of misfits grow and grow, until we were forced to accept that maybe we weren't so out of place after all. My love to you all, no matter what we've said. Peace out.

"Flashie"

Katherine Mandilaras



Wow guys! We finally did it! First I have to give it up to my Fab5 (N+J+S+A) you made my years at SHSM unforgettable + MCS love you. Thank you to my family, I love you. N+J=Tripod, sisters, love you. "Will you succeed? Yes! You will indeed." Dr. Seuss

"Mandi"

Stephanie Maris



Mama and Daddy, thank you, I love you so much. JM, you're the best little brother. Prefects 2006. Up on my pony on my boat, Pink Juice, Dear Wife, Lunch Table, Blahst! To my friends: "Shoot for the moon. Even if you miss, you'll land among the stars."

"Coconut 1"

Graduates

Isabella Matteo



"Till the end like a friend stands by you again, And I wouldn't change a thing, Toe to toe, friend or foe, it's all that I know, And I wouldn't change a thing." My friends, my annoyances: we made it. That's a sentimental as I intend to get. Cheers.

"Is"

Kelsey Mazzanti



It's been a blast-time for a joyride to stardom! To my family-you've been my strength. Ali & Jenn-you're the inspiration. Five years passed and I still think you're amazing. Grazie e Tanti Auguri to the Grads '06! princess-out

"Kelsey"

Yasmin Moinuddin

SHSM has given me the best gifts, memories and character, gifts that will enrich my life forever. Thanks. Mom, Dad, Sul; to my friends-for the memories-love you; V.L, L.D, A.G-miss you! "We know what we are, but know not what we may be" Congrats Class of 2006!



"Yasmin"

Jennifer Newton



5 awesome years filled with laughter and memories lasting a lifetime. Thanks to my family-my friends-my inspiring teachers. Grads '06 couldn't have done it without you-love you all! "Write it on your heart that every day is the best day of your life"

"Jen"

Kylie Newton



It is at times like these when we realize just how hard it is to say goodbye. Pictures fade away but memories outlive today. Shout-outs to all of my girls from the Fab- love you guys! Thank you Mom, Dad, and Chrysten: you are my strength and determination.

"Grumpy"

Katherine Nicol



"That's a very thoughtful question." Blue Baby (x100)? "Like...ok...so... VNAK lives on...forever. Mom, Dad, Christine love. "We don't notice any time pass...but I can tell that we are going to be friends". XOX

"Katie"

Stephanie Pakis



Made it out alive! Thank you to mom&dad. Juj&Al, you've held my world together Gino, my love, couldn't have made it without you. Sprankton, my incentives for waking up. Noodles, Crazy memories! Definitely unforgettable years. Live Fast & Live Hard * Born to Rock & Roll

"Steph"

Kathryn Palmer



To Mom and Dad for your support, to the teachers who changed my life! J K S I love you guys-stellar, bracelet, canoe trip AP+JB+MG see you all at the skydive! SM Blahst! VETO ALEX! *We promised each other it's till the end* Good Luck Class of 2006!

"Katie"

Jennifer Panetta



can't believe it's already over. JIVS: NYC, SB, MMs-love you BFF. AS EC, CD, MP, SK, SZ, reflects- great times. To my teachers: thanks for everything. To my family: Mom, Dad, Steph, Joseph, & Krys, thanks for all the love and support. Class of 06 I'll never forget you.

"Panetta"

Katerina Pansera



Good luck Grads of 06! Thank you to all of my wonderful friends and my Acers. "Take care of all your memories. For you cannot relive them." -Bob Dylan

"Katie"

Melissa Pansera



It's already over! CD- my other half, NS, JD, KM, SA, SK, AC. Too many good times and great memories. To all my friends, you girls are stellar- I love you <3. Mommy, Daddy, Carlo, Carol: thank you for all the support. Congrats girls-we made it!

"Mel"

Nicoletta Pantazopoulos



Five years have come and gone so quickly. I'll never forget my friends and the memories at the Heart. Mel Maria Katie and Caroline, my Ace Gang! Mom, Dad, George, Maria and Eliana, you are my strength, I love you. It's been a blast ladies, good luck!

"Nicki"

Graduates

Vanessa Pendenza



Can't believe it's been 5 years JIVS-NYC,BSB,MMs,too many memories! KS,EC,CD,MPSK,SZ-sweet 16s! Prefects-love you so much!To my teachers thanks To all my family: Mommy, Daddy,T,Sandro thanks for putting up with me Class of '06 thanks for all the laughs!

"Vane"

Alyssa Power



"Books! And cleverness! There are more important things - friendship and bravery" -Rowling Mom, Dad, thanks for everything! Maria, Alex. kindred spirits! Grazie tanto Nonna. To those who changed my life: you know who you are. Solo per sempre

"Alyssa"

Samantha Reusch-Desautels

"Life moves pretty fast. If you don't stop and look around once in a while, you could miss it."-Ferris Bueller. I can't believe how fast it's gone I'll never forget you guys (even when I'm rich and famous :P). See you on the other side. Keep smiling.



"Sam"

Lisa-Marie Rinaldi



Nobody actually taught us how to say good-bye but our love will always remain Mom, Dad and Andrew I don't know where I would be without your support. Thanks to all my friends who made me who I am today Congrats to the class of 2006! We did it! xox

"Lisa"

Caroline Rudolph-Zbarsky



These past 5 years flew by so fast! Katie, Mel, Maria, and Nicky I will never forget: Ace Gang, Mithos, Westside story sing-along, and being Duff and Paulo fans 4ever. Thanks to my family and friends for the support; I will always love you all.

"Cally"

Jennifer Sacco



It's been memorable. I'd like to thank my family for being there, Joey you're the best brother I could ask for. Mommy, I love you. My friends: KS, KM(\$VIP), NL(Burn), AG, CA, AA, and of course my sista; LK, love you all to death. 22/03/03: One Love.

"Jenni"

Alexandra Sampson



"Some of the worst mistakes of my life have been haircuts." - Jim Morrison. I'll always remember the days of Charles and Jaques, Lockertents, Courtney Love, surprise bags, The Breakfast Club, and 30-5-45. Good times...

"Alex"

Kristin Sani

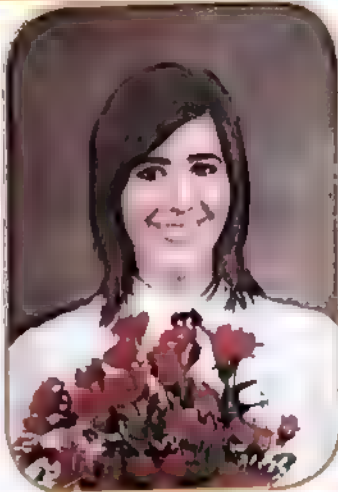


Five whole years and no regrets To all my girls, EC, SC, IC, JP, VP, CD, MPSK, SZ I love you, couldn't have done it without you Thank you teachers Mom, Dad, Eric you were always there for me. Startford, Italy trip, sweet 16s, memories that will last forever

"Kristin"

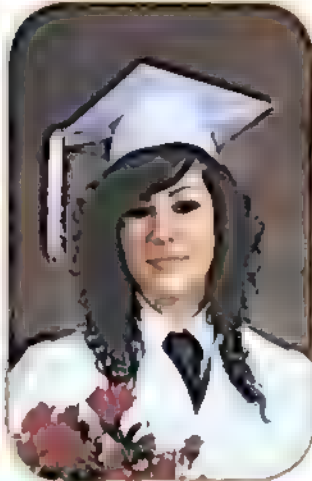
Nadia Santagata

I always remember
AK, the 777 box, my
KD & the Kumbaya
Club To my carpool/
baker/baking buddy
Nev-
forget the awesome
esses (aka, Dora &
under surprise toys) &
a time with Charles,
& the Queen.
Giggidy, Al-
len Q



"Jaques"

Nadia Simeone



5 years already! FAB5 + MCS so many amazing times & memories. Without you, I wouldn't have made it. Jess + Mandi = TRIPOD. If one leg breaks we all fall down, I love you guys. Mom, Dad, Stef, Dan thanks for the support! Grazie Nonni Ti Amo. Class of 2006, we did it!

"Smith"

Patricia Snell



Thanks a bunch mom, dad, siblings (mgemc), teachers and everyone who I do not have space to mention. To my exotic friend (chopsticks + sleep), physics partners (lipbalm), lunch buddies (unspoken words). To my peers: just make it happen.

"Trish"

Bianca Sportella



It has been an unforgettable five years. To my best friend you've taught me what a true friend is. Never a time without laughter. P.B.S. To my family, thank you for loving and supporting me. To the grads, we can do anything we dream of!

"Bianca"

Melanie Tutino



To the grads of 06, thanks for five amazing years. I'll never forget you. Mom, Dad & Jess - thanks for everything. My girls, MCD, KP, NP, CRZ, PS - priceless memories, love you! Shoot for the moon, even if you miss, you'll land among the stars.

Mel

Stephanie Vokaty



What an amazing 5 years! Grads '06- love you all so much! JKS. To all my friends-let the good times roll! Italy!!! Thanks teachers! Mom, Dad, Matt & Mich- couldn't have done it without you. Grads- we had a blast! The memories will last forever. woot woot!

Steph

Diana Wilberg



Party hard, follow your heart and make your dreams come true CLASS 2006 I SALUTE YOU! I love you mommy daddy Dan. Cheers to my girls: Izz/Anne/Jess/Fab 11* life may take us somewhere far and beyond reach but we will always remember where it all began 01**

DW

Kayla Yip



Finally!!*Last year of High school!*Whatttt! Special shoutouts to all my friends especially Cat. A BIG thanks to my familia- love you! Class of 2006..Like No Other.. love Kaylalalaaa!

Kaylalalalaaa

Stephanie Zakem



We finally made it! Thanks to my family for the support. To the Grads- 5 amazing years with many memories, smiles and good times. True Friends Can Grow Without Ever Growing Apart. I love you all and I'll never forget you. Can't believe, it's over!

Stepherx

Glamour Girl



Congratulations girls! What an incredible year we've had together. You are an amazing group of young women and the school will never be the same without you. Best of luck in the future.

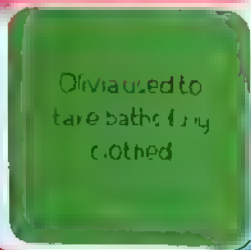
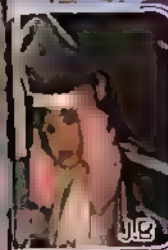
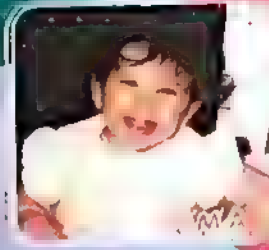
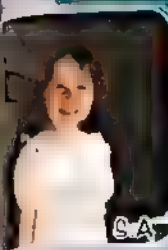
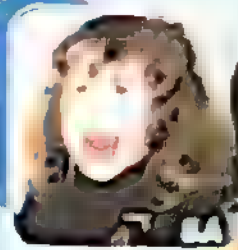
GG

Baby

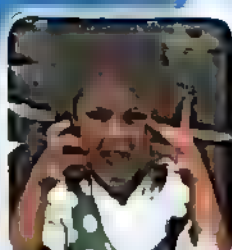
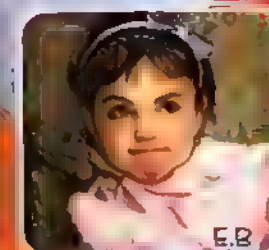
Pics



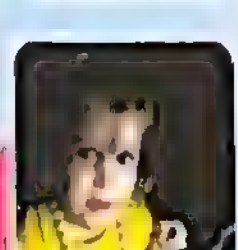
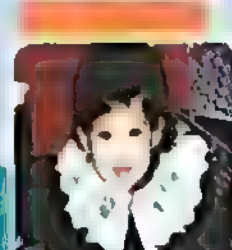
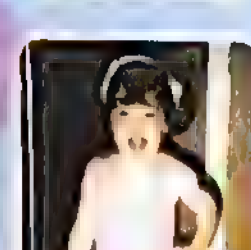
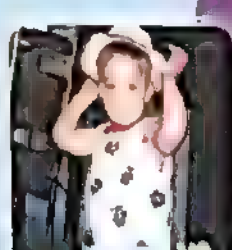
Vanessa used
to walk around
the house in a
tool belt and
cowboy boots



Olivia used to
take baths fully
clothed



Emily used to
say "scubegi"
instead of
spaghetti



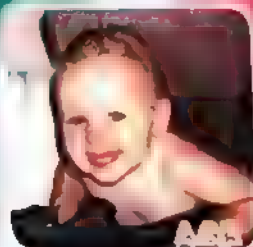


C.D

When used to
help in the
laundry basket



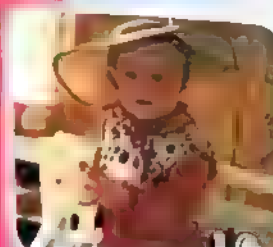
F.S



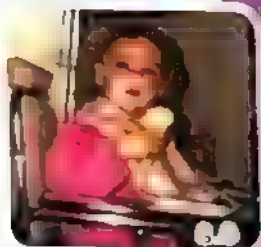
A.S



A.S

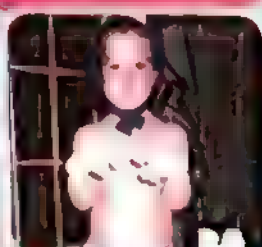


L.G

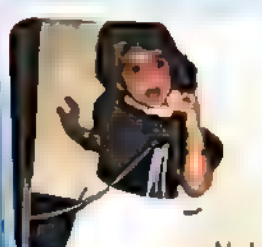


E.S

When used to
eat whatever
was available



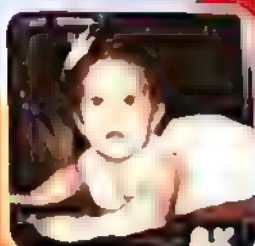
E.S



N.J



V



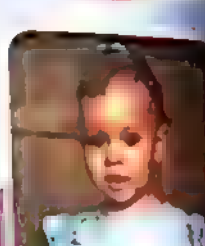
E.S



E.S



A.L



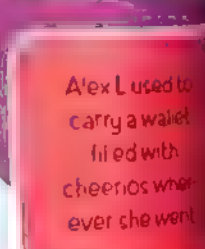
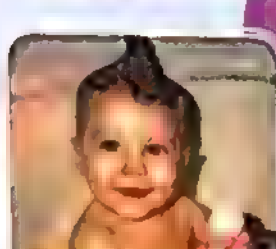
I.L



E.S



R.M

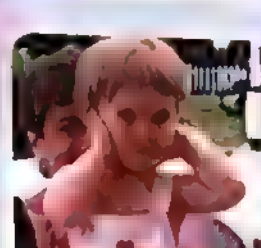


Alex L used to
carry a wallet
filled with
cheerios when
ever she went

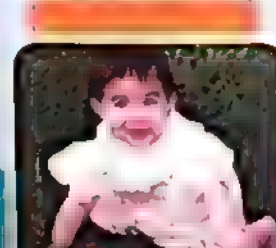
Isabelle used
to eat leaves
because she
thought they
were salad



A.S



E.S

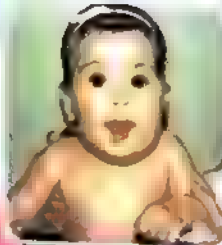
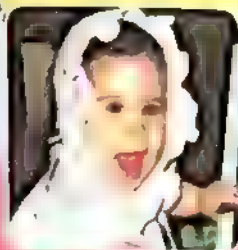


E.S

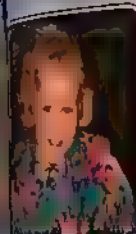
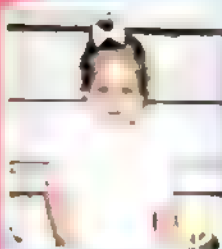


E.S

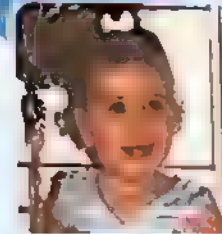
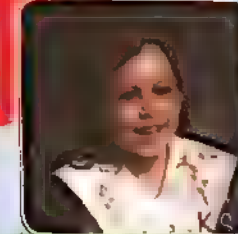
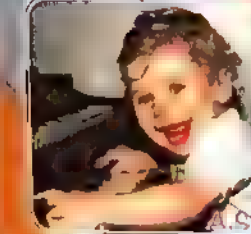
Pics



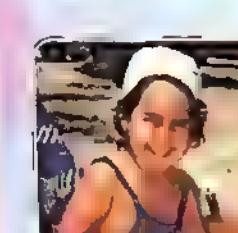
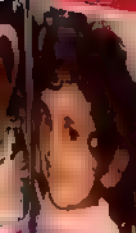
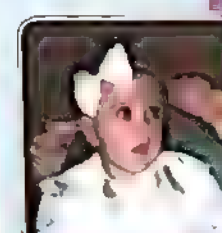
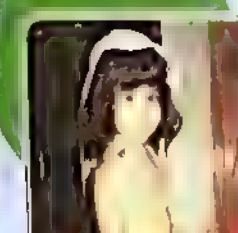
My saved for
Daddy with a
white crayon...
because it
didn't work
white paper



Sam used to
call sandwiches
"SAMwiches"...
made especially
for her!



Carol used to
take her clothes
off at family
celebrations



When Mel's
uncle's house
was blown away
by a hurricane
she told him
he should have
used bricks



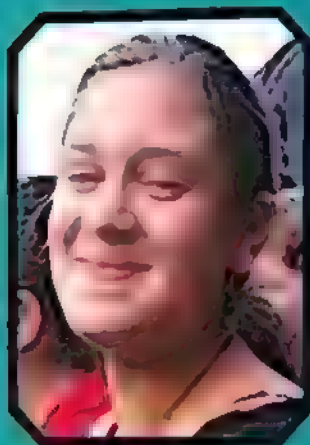
Stratford



Strike a pose!

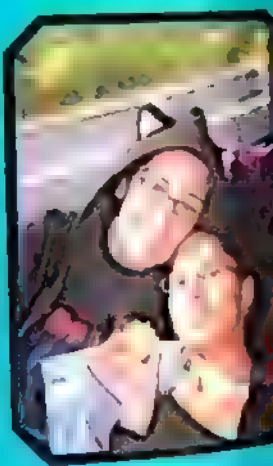


Stratford, a small town nestled among forests, has brought us more cherished memories than any of us could have imagined. We saw *Into the Woods* a 75's rendition of *You Like It and Cut on a Hot Tin Roof* which we enjoyed very much. To top it all off we still had time to shop! There were plenty of times when it came time for the Shakespearean festival workshop with Mrs. Brooks no less! I hope trades should make sure to bring spare bands because Winnie the Pooh cell phone accessories were a popular purchase. Months later our "Going to the Festival" are still vibrant through the halls. Is this not what a field trip is all about?

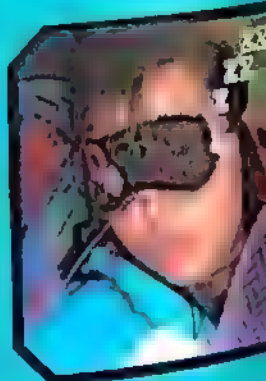


Trading Spaces Stratford Style!!

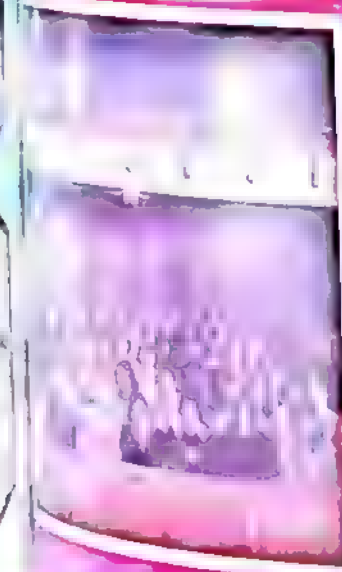
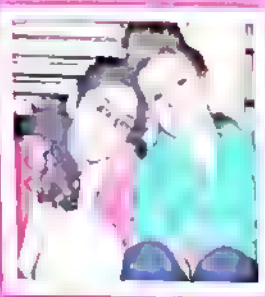
Thanks to Kathryn's allergies, two teams swapped rooms!



Go Janet! Go Janet!

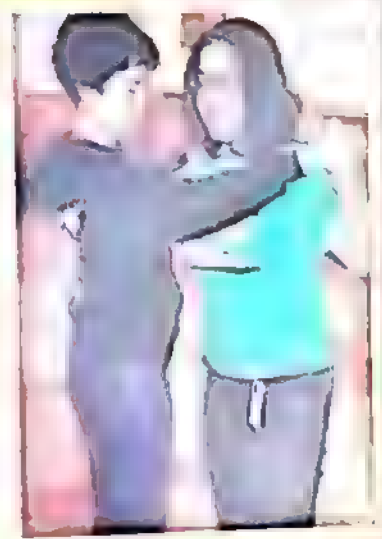


SBC 5 RETREAT



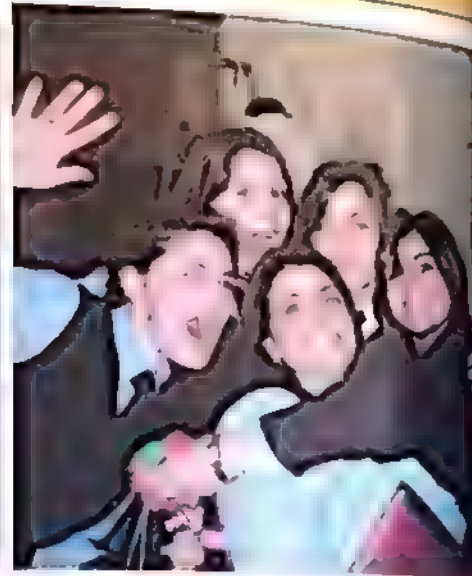
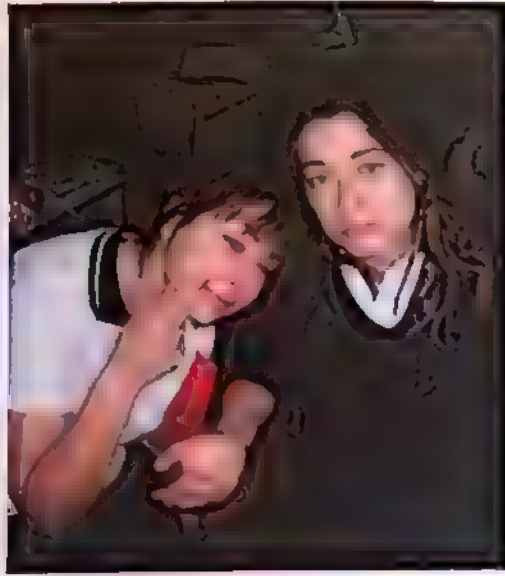
"You are the daughters I never had; you are the class of 2006!" J. Mastro

Early on a Thursday morning, we assembled in the reception room, excited to discover exactly what goes on at a Secondary V retreat. We spent long hours playing games, watching movies and learning about the 'Power of One'. There was much laughter, and, of course, many tears. Late at night we snuck into each other's rooms, sharing candy and stones. The "Blues Notes" we wrote will be reminders of this wonderful experience. "A moment lasts all of a second, but the memory lives on forever."





Counting down the days...



TOP 10 THINGS TO DO BEFORE GRAD

1- Tell everyone how much they mean to you.

2- Let go of all grudges

3- Take a photo of everyone

4- Buy out the vending machine

5- Get everyone's autograph... just in case

6- Return ALL borrowed items!

7- Ask everyone to sign your yearbook

8- Take a picture with everyone

9- Make plans to reunite.

10- Appreciate every last minute you have at Sacred Heart.

My nickname was _____

My Best Friends were _____

My favorite band was _____

I'll never forget when _____

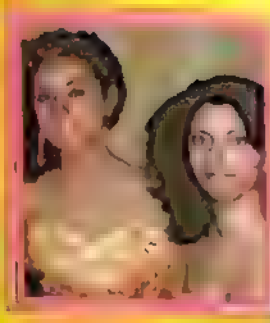
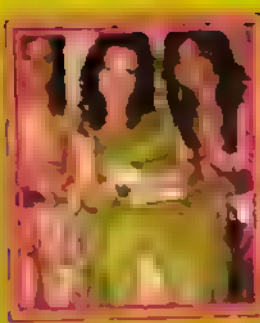
Everyone bought the same _____

I know I'll miss _____

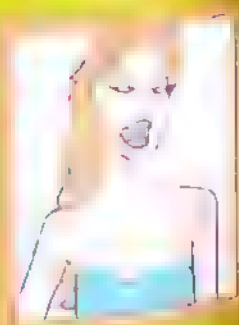
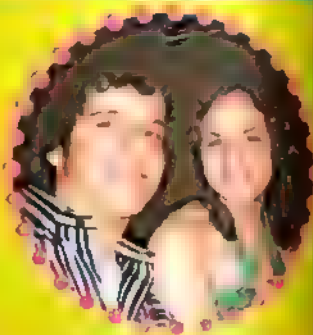
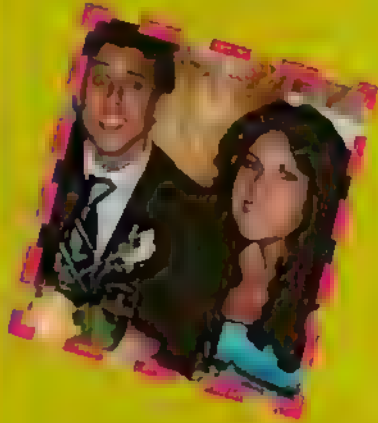
I was always late for _____

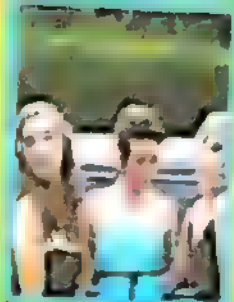
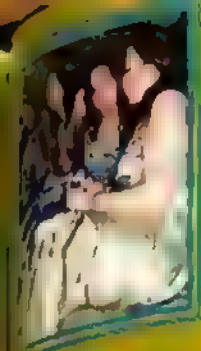
If I could go back I would _____

I survived Sacred!

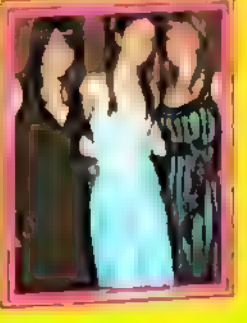
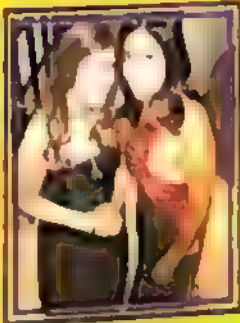
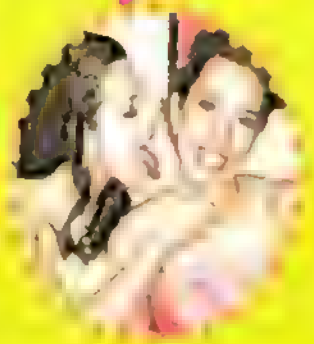
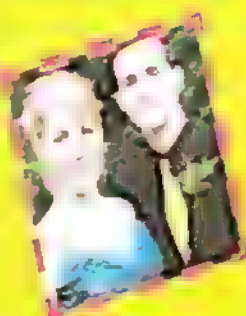


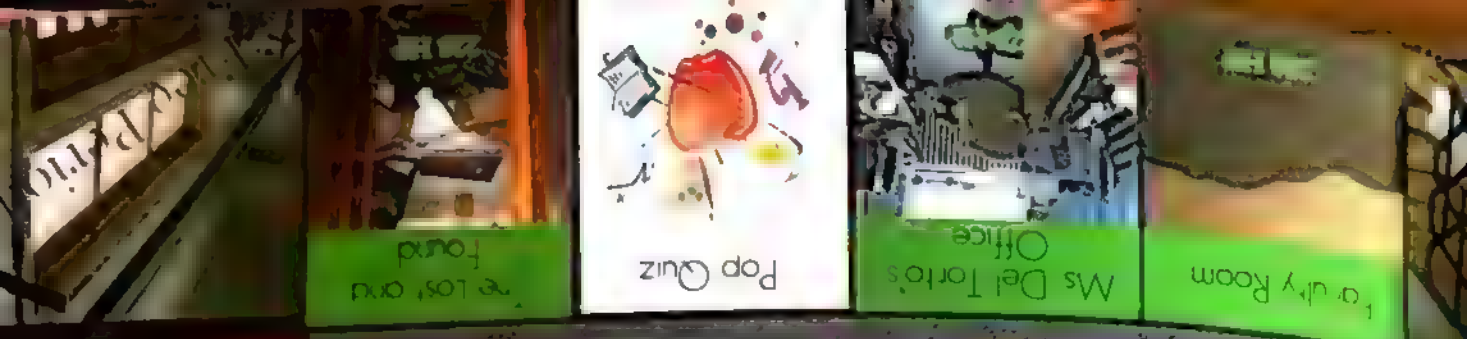
Prom





Night





SACRED

AIM

The aim of this game is to graduate from Sacred Heart by "conquering" the school. To do so, you must buy all of the school properties with house points that you will accumulate all throughout the game.

GAME PLAY

- 1- To begin, the treasurer gives you 1000 house points.
- 2- Roll the die and move your token the amount of spaces indicated.
 - If you land on a property space that has not yet been purchased, you can choose to either "shot-gun" it by paying the amount of house points indicated, or put it "up for grabs". If you choose to put it "up for grabs," any other player is permitted to exchange house points with the school treasurer. The player willing to give the most receives the property.
 - If you land on a property square that is already owned, pay the owner the first two digits of the "shotgun" price in house points.

Sacred Heart Community Chests

Roll a die and match the number with a question.

- 1- Caught chewing gum. Go to detention.
- 2- Win a 1st place in a competition. Get 100 house points and visit the Large Parlor.
- 3- Late library book. Pay 20 house points.
- 4- Go to the nearest administration office. If you pass the Penfield door, collect 200 house points.
- 5- Bring recycling to the art room. Collect 30 house points.
- 6- Break one of Ms. Antonini's beakers. Go to detention.

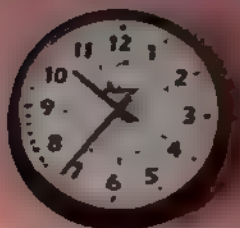
Detention

Reception Room

L'abri

Pop Quiz

Science Labs



OPOLY

If you land on the Detention square, you are not required to stay there after your turn.

If you land on "Go to Detention" square, move your token to the Detention space without collecting 200 house points if you pass the Penfield Door. To get out of Detention, either roll a 6 or give 50 house points to the treasurer. If you do not roll a 6 or give the house points after 3 turns, you must give the 50 house points after which you can roll.

If you land on "Free Period", collect 100 house points from the treasurer.

If you land on a "Pop Quiz" or "Sacred Heart Community Chest" space, catch the number you rolled with its respective question and follow the instructions given.



Pop Quiz

Roll a die and match the number with a question

- 1- Act in Christmas Wishes. Collect 50 house points
- 2- No house bar. Lose 5 house points.
- 3- Raise pledges for the Walk for the Cure. Collect 30 house points.
- 4- You feel sick and want to go home. Go to the School Office.
- 5- Cookies for detente. Run to the Dining Hall
- 6- Ms. Del Torto catches you with a rolled kilt. Lose 10 house points.



Computer

Gym

Sacred Heart
Community



Locker Room

Start

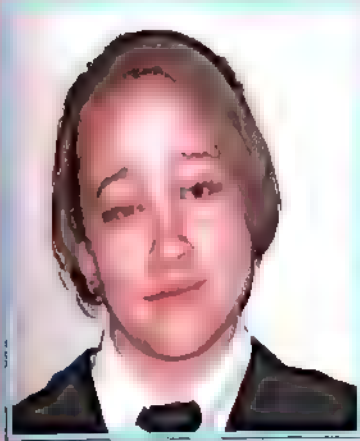
Penfield Door

100 HP

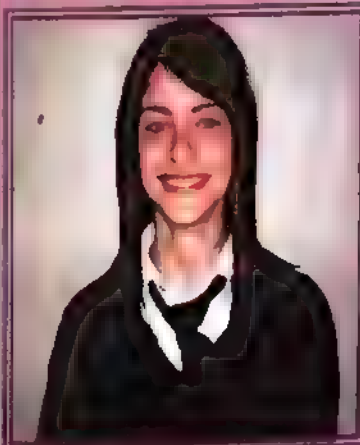
50 HP



The Strife

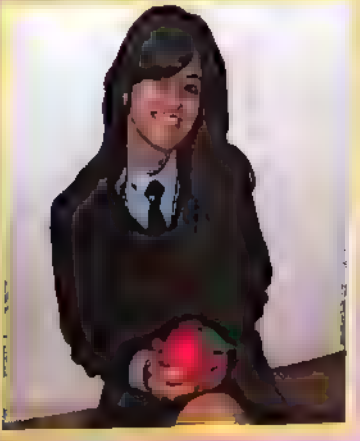
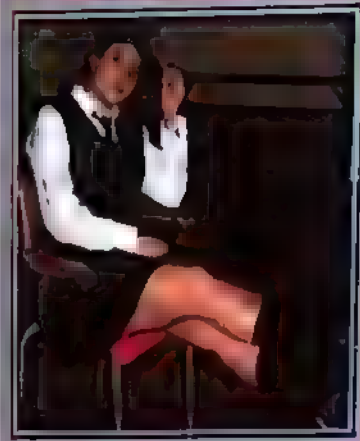


Guil St. 1992



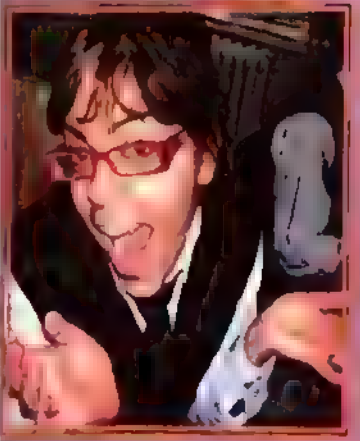
The Strife

Guil St. 1992



The Strife

Guil St. 1992

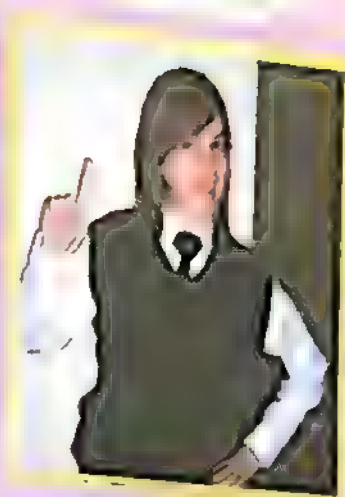
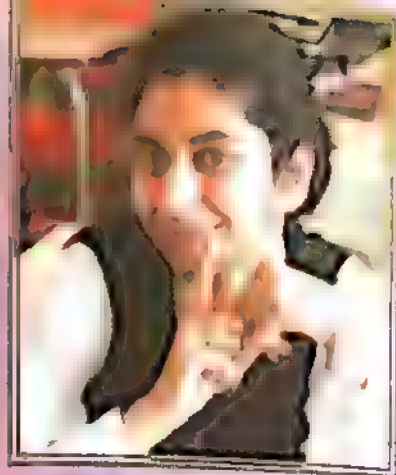


B

E

S

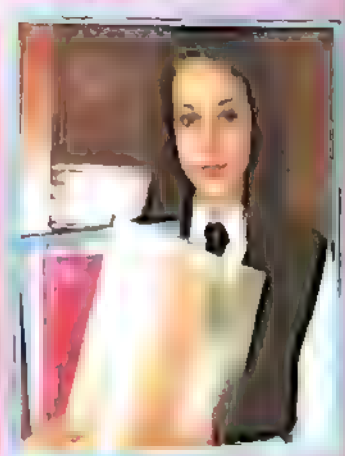
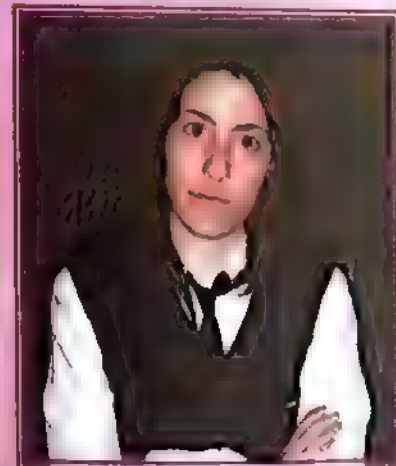
T



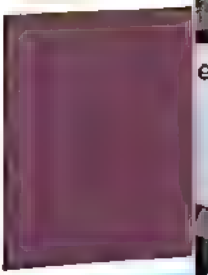
The Sleeper



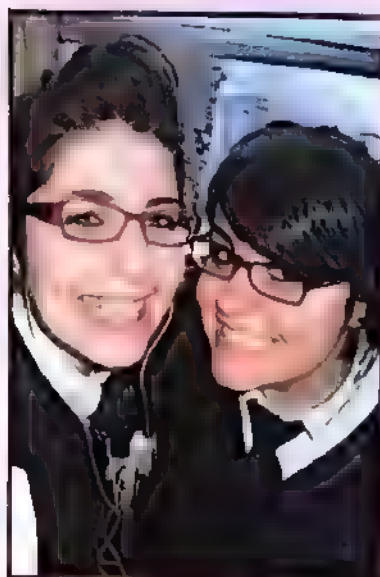
The Artist



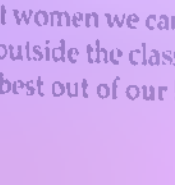
The Poser



The Fab 5's



...red on 8/2 by 11 post-it that smells like the men's cologne line she invented and vuv's always...
...and a duck in Greece, and fall in love with a Costa a Peter or a George
...a paper way down the aisle, pull a wipe out on the dance floor, and be rushed to the hospital
...be on Saturday Night Live and praise her Will Ferrell strike before ever get away
...a hot, rich Ukrainian doctor and max out his Visa and MasterCard after a trip to...
...become a famous director, marry a hot actor, and have two kids
...die of laughter while marrying a fifty year old from Greece
...be proposed to by the owner of a fair trade coffee shop in the middle of a crush
...have Hansel and Gretel lose their way by eating their trail of bread crumbs as a detour
...murder her cop neighbour to be a pedophile when he asks her "do you want a child?"
...become a brain surgeon, buy an estate, spend all her money on cherry blenders and overpriced...
...move to Morocco and marry a rabbi
...turn life into a musical and have her boyfriend turn into a werewolf on the full moon
...be the world's great long-high jumper, and marry Prince William
...be pushed into surgery due to a sugar overdose, and upon being cut open have Ronald McDonald pop out
...miss the WNBA draft because her straightener broke
...dedicate her life to trying to create a tv show that recaptures the magic of Friends
...be imprisoned and convicted of murder for the killing of countless jokes
...create a joke book, fall asleep at her own wedding and break the world record for most shoes and purses
...get arrested for stalking José Theodore
...marry her high school sweetheart and invent a product that prevents tampons from "popping"
...move to Newfoundland and become the next Martha Stewart
...decorate her house exclusively with enormous pictures of herself
...run through fire, jump off a cliff and swim through a sea of sharks just to save an innocent little boy
...marry a professional hockey player and threaten to divorce him if he signs with the Maple Leafs
...marry a tall carabinieri from Florence and have eight children
...marry a vegetarian boy (Pete Wentz), and help save the animals by sending death threats to all "meat wearers"
...marry a rich old guy, take his money, and divorce him for the cabana boy's genuinely good looks
...become a famous motocrosser, marry Orlando Bloom, divorce him and marry a fleet
...become a runway model in Milan but refuse to walk down the catwalk because it's too far
...marry a hockey player, breed many children, and force them to partake in her weekly comedy skit fest
...actually make Québec separate, decide she doesn't like it and move to France, and back
...remain undecided about what she wants to do in life figure it out accomplish it in a day and go skiing with her friends
...completely transform into a wormpillar with heavy eye makeup and live in an orchid
...become famous by any means and break many hearts on an international level
...marry a hot male flight attendant and retire in Hawaii with a house on the beach
...marry a gay guy and then get continually hit on by middle aged French Canadians
...not go to the WNBA because she'll never leave Montreal
...become an America's Next Top Model, and interrupt Tyra Banks to criticize her and all the other models
...become a back-up dancer for a Mr. Clean commercial
...write her own manga (comic book) and marry the main character
...forget how to operate but still manage to save her patient's life
...open a tea shop, have a no shoe policy, refer to her customers as "guests", while serving them retelling parable cups
...send someone into an epileptic fit with her facial expressions
...take over the world armed only with her death glare and a toy lightsaber
...marry the most "West Island" guy ever and bake eight dozen oatmeal chocolate chip cookies a day for their kids
...become a famous news broadcaster then marry into royalty and gallop off into the sunset
...argue with her own grave digger then haggle her way into heaven and be the only angel singing Monty Python songs
...never decide on a "Most likely" because she couldn't make up her mind
...get super excited while playing sports and accidentally injure someone with her overly enthusiastic waving
...go to "a friend's house", ask for that friend and then realize after all the confusion that she had the wrong address
...pick her way through an iceberg to get to Blue Baby
...become a famous crazed drummer, marry her highschool sweetheart and have little punk rock babies
...get curious at the age of 100, taste test a variety of nuts, and find out she's not allergic to any of them
...ask her kids for directions
...have Pappy and become the benevolent dictator of Pappyland
...have a full head of grey hair by the age of 18 from spazzing out every day over nothing
...become the paparazzi to follow her then complain that she just wants to be treated like a normal person
...become the Canadians general manager because she wanted to take control of the situation and hire only hot players
...become a blend astronaut, move to space, and found the first karate school on Mars
...become the next Audrey Hepburn and single-handedly bring back the black and white movie
...show up at the five year reunion in a Cadillac Escalade with 24 inch spinners married to Snoopy Dogg
...become a fall in love with someone on a reality show but leave him for someone richer more Jewish and a doctor
...try every profession ever created, decide working's just not for her, and then become a cat lady
...cure for cancer and not even know it
...invent a time machine to go back to the 70s and live in Forman's basement in order to stalk Hyde
...fall in love with a non-Italian boy in Sorrento and ride on the back of his vespa while maintaining perfect hair
...become president of the United States despite not being a US citizen and renaming it Snelltopia
...give Fidel Castro salsa lessons, take over Cuba and have it remain communist
...get the role of a killer in a horror film, but get scared of her self while watching it
...become the Sole Survivor, then spend her million on tie tacks, Sprite and mini eggs
...show up late for her wedding because she was dancing on the tables sober at her bachelorette party
...become a 600 pounds and live the single life
...become a hobo and beg for money on the streets while doing impersonations

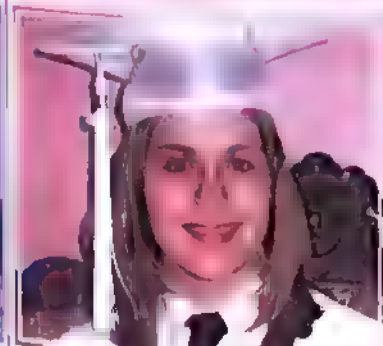
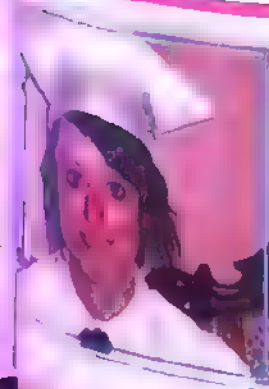


The Sacred Heart has shaped us no matter how hard we may have resisted. We've built the foundation of our lives on the love of Jesus Christ. We will never truly leave as thirty years from now we may say "goodbye" to Sacred Heart. But we will always be a part of our lives. We will also be the fair women who stand up to requests as they enter the door. Those who hold doors and those who sit up straight. We will then act on the love of Christ. We've been open through the good times and the bad. We have been through the heart of the world. We have been through the tears, through the hardships and through the happiest moments of our lives. We have accomplished our lives. We have been here. And just when we thought we could no longer go on, we have been here. But we managed to pull through and have now come to the moment where we can actually say "I survived." The Sacred Heart has empowered us to become the best women we can be. Now we are ready to head out into the world. Thanks to five years of grueling education in and outside the classrooms, we will be able to achieve our dreams. To the grads of '06, "Let's make the best out of our lives!"



Special Prizes and Awards
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Five years on Honour Roll





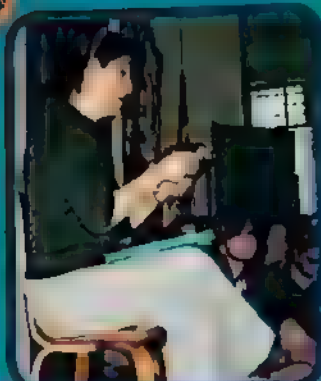
LATS



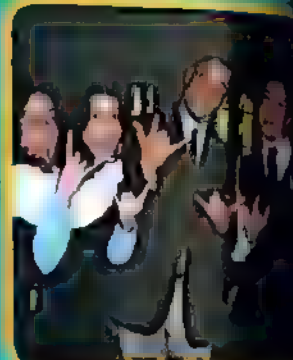
< First day
of school



Mass



^ General
Assembly



House
Meeting



^ General
Instruction



< Détente

House
Meeting



Period



SAINTS ARE
WHAT?



DYNAMITE!

Spirit



We've got



Sharing la "Tiré" at la Cabane à Sucre

Dressing up as Super Heroes on Spirit Day

Cheering for a game of handball



Spirit !!!!!



Dancing in the halls

Renting a theatre to watch *The Sound of Music*

Supporting our Houses



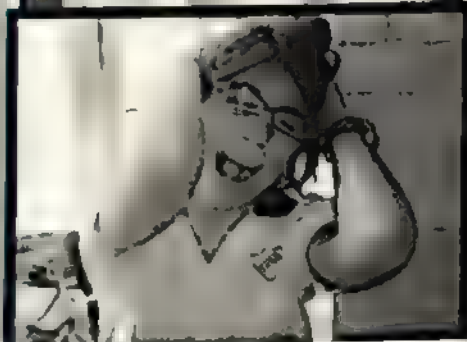
EMOTIONS OF THE HEART



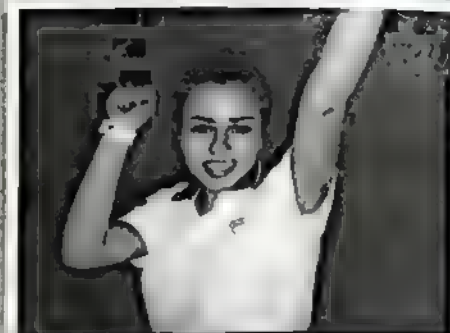
Happy



Sad



Stressed



Excited



Hungry



Nervous



Hyper



ANGRY



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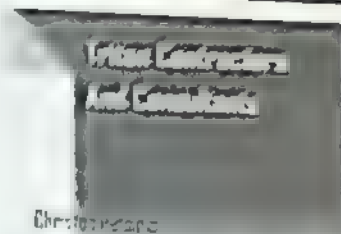
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and always
treasure the
moments
you shared
together.*

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"Sidewalks are my runways."

Steve



**Congratulations
on your Graduation**

Stephanie Alberga

Steve Madden Group

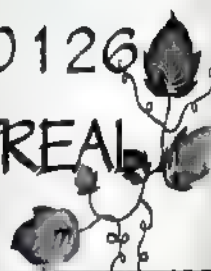


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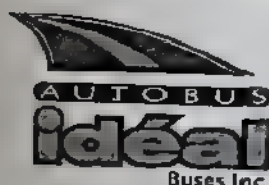


To our blossoming rose!

You have reached another important milestone on your journey through life. Remember we will always be there if you need us. May you grow in wisdom and may you be blessed all the days of your life.

Ti amiamo tanto,

Mamma, Papa, Pauline, Nonna e zii tutti



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For the Sacred Heart Graduates of 2006
CONGRATULATIONS!
— The Newton Family

*"From the end springs
new beginnings."*

Kylie, you have made us proud.

A job well done!

The best is yet to come,
Don't lose sight of your goals.

Believe in yourself;
believe in your dreams.

You can do it;
you have the power
within to make it happen.
Best of luck with all future
endeavours.

Love always,
Mom, Dad & Chrysten



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to the graduating
class of 2006



From
the Parents' Guild

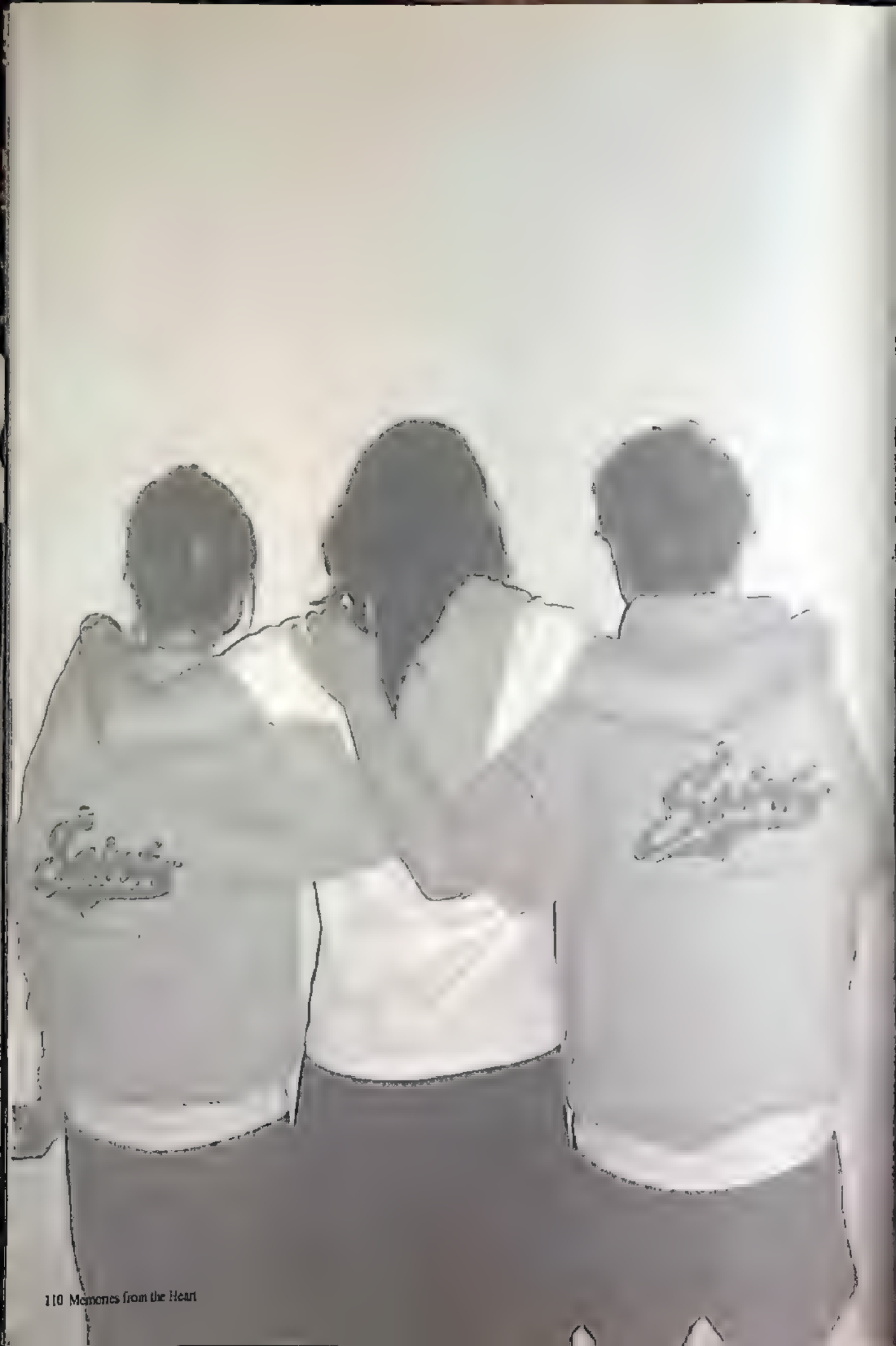
To the 145th graduating Class

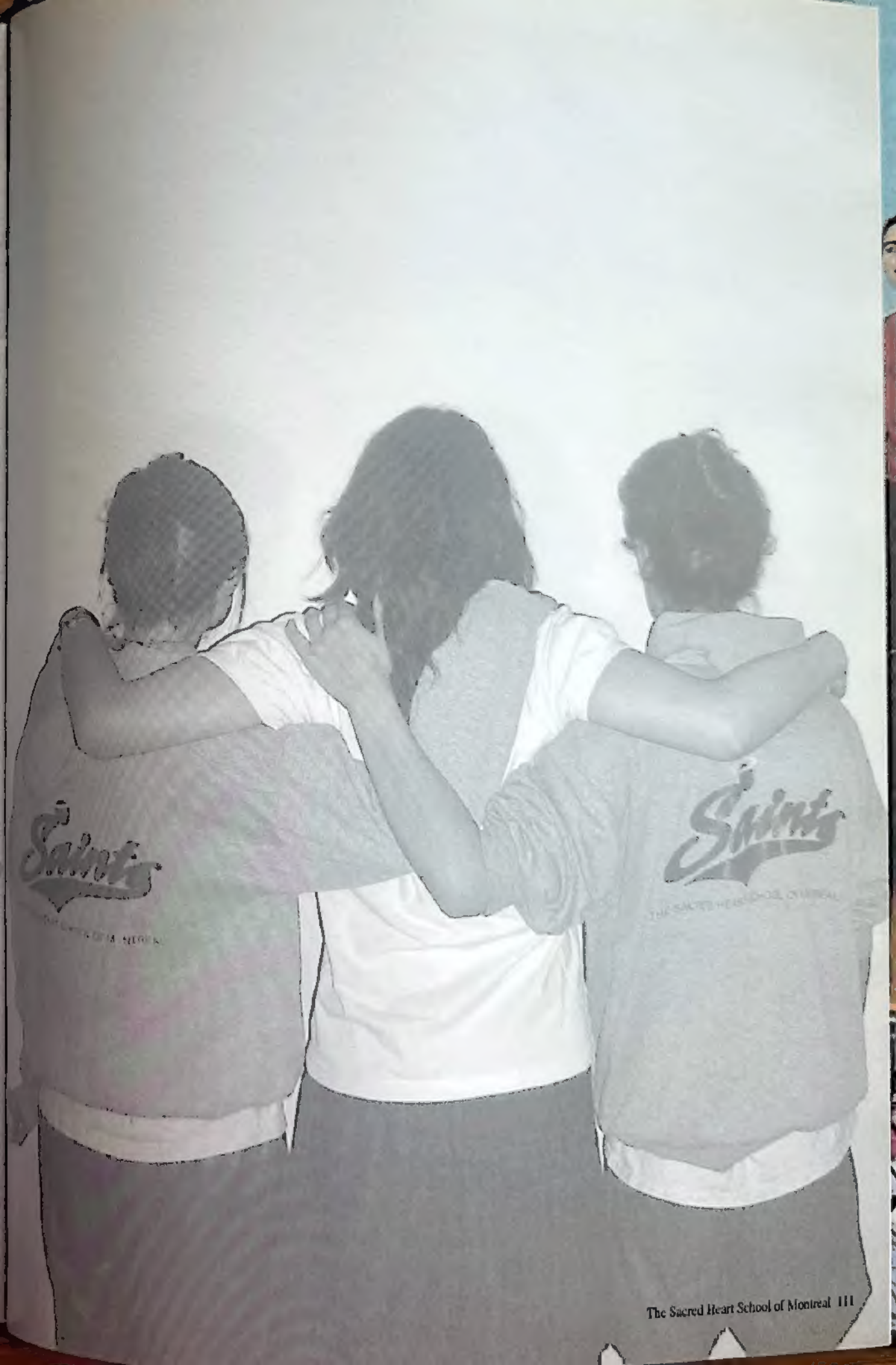
*As you leave this place, you now enter a new phase
of your life with Sacred Heart--
as our most recent alumnae.*



*The Alumnae Association of The Sacred Heart
School of Montreal offers you our heartfelt support and
best wishes for success in all your future endeavors.*

Congratulations!









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2006